

# COVID-19 UPDATE

May 13, 2022

Dear Residents of The Mather,

We wanted to inform you that we have learned that **an employee who works in Independent Living has tested positive for COVID-19**. We wish this individual a speedy recovery.

The Mather is interviewing the individual to determine if they were in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **FREE COVID-19 TEST KITS AVAILABLE:**

**We still have home-based COVID-19 tests kits from the Illinois Department of Public Health and are making one kit available to each interested resident.** (Each kit contains two tests.) Mather did not purchase these kits and does not endorse one brand of kit over others. It is completely voluntary for interested individuals to accept a kit.

Note that if you receive a positive test result at home, OR if your result is negative but you have COVID-19 symptoms, then you should stay home and contact your health care provider. Your provider may recommend a follow-up test.

**To get your free home-based test kit, please see me or the Wellness Resource Nurse.**

## **CASES ARE ON THE RISE:**

Cases of COVID-19 are increasing in our area. However, as we continue to live with COVID-19, we know how to reduce risk of infection. Please take the following steps: Get your second booster shot.

1. Stay home when you feel ill.
2. Protect yourself by **wearing a good-quality face mask that covers your mouth and nose any time you are indoors in public.**
3. **Practice good hand hygiene** by washing hands frequently for 20 or more seconds.
4. If you think you have COVID-19 or were exposed to COVID-19, **get tested.**

Please take care and stay well.

Sincerely,

Deann Daniel, Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*



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