

# COVID-19 UPDATE

May 26, 2022

Dear Residents of The Mather,

We wanted to inform you that we have learned that **an employee who works in the Life Centre and an Independent Living resident have tested positive for COVID-19.** We wish these individuals a speedy recovery.

The Mather is interviewing the individuals to determine if they were in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **PLEASE STAY HOME IF FEELING ILL:**

Not only is the rate of COVID-19 increasing, but more people are also experiencing the common cold, flu, and allergies. **If you are experiencing any symptoms, we strongly encourage you to stay home and avoid spreading any illness you may have to others. If you think you have COVID-19 or were exposed to COVID-19, get tested.**

## **ADDITIONAL STEPS YOU CAN TAKE:**

With the weather warming up, we recognize that more people will be out attending family functions or social gatherings. As cases are increasing in our area, we encourage you continue to practice strong infection control measures:

- Practice good **hand hygiene** by washing your hands frequently for 20+ seconds.
- **Wear a mask** that covers your mouth and nose when outside your apartment home.

## **FREE COVID-19 TEST KITS AVAILABLE:**

**We still have free home-based COVID-19 tests kits available for any interested residents or employees.** You can get one kit at a time, and each kit contains two tests. Mather did not purchase these kits and does not endorse one brand of kit over others. It is completely voluntary for interested individuals to accept a kit.

Note that if you receive a positive test result at home, OR if your result is negative but you have COVID-19 symptoms, then you should stay in your home and contact your health care provider. Your provider may recommend a follow-up test.

**To get your free home-based test kit, please see me or the Wellness Resource Nurse.**

I hope you enjoy your Memorial Day weekend. Our team members will be thinking of those who made the ultimate sacrifice for our country.

Please take care and stay well.

Deann Daniel, Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*



5/26/2022

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