## **COVID-19 UPDATE**

Dear Employees of The Mather,

We wanted to inform you that we have learned that **two residents who live in Independent Living have tested positive for COVID-19.** We wish these individuals a speedy recovery.

The Mather is interviewing the individuals to determine if they were in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.



## **BE MINDFUL OF YOUR ACTIVITIES**

Cases of COVID-19 are increasing in our area and Evanston has entered the high transmission category. Not only is COVID-19 increasing, but more people are also experiencing the common cold, flu, sinus infections, and allergies. If you are experiencing any symptoms, please stay home if you are feeling ill. Please be mindful of where you are spending your time and avoid indoor gatherings when possible. **If you think you have COVID-19 or were exposed to COVID-19**, **get tested.** 

## **REDUCE INFECTION**

Please take the following steps:

- 1. Please protect yourself by wearing a good-quality face mask that covers your mouth and nose any time you are <u>indoors in public</u>.
- 2. Practice good hand hygiene by washing hands frequently for 20 or more seconds.

Please take care and stay well.

Sincerely,

Deann Daniel Executive Director

bewell@thematherevanston.com