

COVID-19 UPDATE

March 30, 2022

Dear Residents of The Mather,

We wanted to inform you that we have learned that **two Independent Living residents have tested positive for COVID-19**. We wish these individuals a speedy recovery.

The Mather is interviewing the individuals to determine if they were in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

FEEL ILL? PLEASE STAY HOME:

Even if you are experiencing mild symptoms, like a cold or seasonal allergies, please err on the side of caution by

- **staying in your home to avoid spreading a virus**
- **taking a COVID-19 test**. Please contact your personal physician if you have questions about at-home tests versus PCR testing.

COVID-19 can present similar symptoms to a cold, flu, or even allergies. See these websites for more information:

- [COVID-19, cold, allergies and the flu: What are the differences? - Mayo Clinic](#)
- [Is It Flu, COVID-19, Allergies, or a Cold? | NIH News in Health](#)
- [Distinguishing the Difference COVID-19 Allergies Flu](#)

Please protect yourself by **wearing a good-quality face mask that covers your mouth and nose any time you are indoors in public**.

LIFE CENTRE UPDATE:

Out of an abundance of caution, please delay unnecessary visits to the Life Centre for the next week to 10 days.

A SECOND BOOSTER SHOT:

Today, **the CDC expanded eligibility for a second COVID-19 booster to people aged 50 and better**. Residents who received their first booster at least four months ago are now eligible.

Right now, **we recommend that you check with your personal physician about getting an additional booster**. The Mather has contacted a pharmacy about possibly holding an on-site clinic, and we'll share updates when we know more. However, there is no need to wait for a clinic if you are interested in getting a booster sooner.

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Please take care and stay well.

Sincerely,

Deann Daniel
Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.



3/30/2022

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