

# COVID-19 UPDATE

March 30, 2022

Dear Employees of The Mather,

We wanted to inform you that we have learned that **two Independent Living residents have tested positive for COVID-19**. We wish these individuals a speedy recovery.

The Mather is interviewing the individuals to determine if they were in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **FEEL ILL? PLEASE STAY HOME:**

Even if you are experiencing mild symptoms, like a cold or seasonal allergies, please err on the side of caution by

- **staying home. Do not come to work.**
- **taking a COVID-19 test.** Please contact your personal physician if you have questions about at-home tests versus PCR testing.
- If you test positive for COVID-19, **notify HR immediately.**

The latest variant of COVID-19 can present similar symptoms to a cold, flu, or allergies. See these websites for more information:

- [COVID-19, cold, allergies and the flu: What are the differences? - Mayo Clinic](#)
- [Is It Flu, COVID-19, Allergies, or a Cold? | NIH News in Health](#)
- [Distinguishing the Difference COVID-19 Allergies Flu - allergyasthmanetwork.org](#)

Please protect yourself by **wearing a good-quality face mask that covers your mouth and nose any time you are indoors in public.**

Please take care and stay well.

Sincerely,

Deann Daniel  
Executive Director