## **COVID-19 UPDATE**

Dear Employees of The Mather,

We wanted to inform you that we have learned that **one Independent Living resident has tested positive for COVID-19.** We wish this individual a speedy recovery.

The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## WHERE WE STAND RIGHT NOW:

As you're aware, our community has enjoyed a respite from COVID-19 cases for a while. This sharp decrease in positive cases is true throughout Illinois. However, the virus is still in circulation, with a new variant on the horizon.

Please continue to take precautions to protect yourself and residents, even during these seemingly safe times. Those most vulnerable to severe illness from COVID-19 include people 65 and older and those with underlying medical conditions. Being fully vaccinated and boosted is essential in slowing the transmission of COVID-19; however, it is still essential to practice infection control to minimize risks.

## WHAT YOU CAN DO:

Each of you plays an essential role in keeping the virus out of our community. Thank you for all you're doing to keep our community safe!

- If you have cold-like symptoms, STAY HOME. <u>Do not come to work</u>, and notify HR immediately.
- Practice **good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
- Practice **physical distancing** with others (no closer than 6 feet away).
- Wear a good-quality face mask that covers your mouth and nose any time you are indoors in public. A surgical mask is recommended over cloth masks.
- Avoid large gatherings.

Please take care and stay well.

Sincerely,

Deann Daniel Executive Director

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