COVID-19 UPDATE

January 7, 2022

Dear Residents of The Mather,

We wanted to inform you that we have learned that **two residents in Independent Living** and one employee in the Life Centre have tested positive for COVID-19. Note that this is our first time reporting these cases; neither has been reported in a previous letter. We wish these individuals a speedy recovery.

The Mather is interviewing each of these individuals to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

LIFE CENTRE STATUS:

The Life Centre is still following COVID-19 outbreak protocols, which include testing of all Life Centre residents and employees twice a week until there are no more positive cases for 14 days.

Visitors are welcome in the Life Centre for visits in resident suites. Face masks must be worn at all times during the visit—even in resident suites.

RESIDENT ON-SITE TESTING CLINIC NEXT FRIDAY:

We'll offer another on-site COVID-19 testing clinic with Northshore Clinical Labs next Friday, January 14 between 9:30 a.m. and 12:30 p.m. in Possibilities 1.

- Please sign up at the Concierge desk if you would like to be tested. Please pick up and complete a requisition form. This must be completed ahead of time.
- Tests being given will take 24 to 48 hours for results.
- If you are experiencing any symptoms of illness, please do not attend the testing clinic. Please reach out to your physician.

WHAT YOU CAN DO:

The two most effective steps you can take to help control the surge of COVID-19 in our community are:

- 1. Stay home if you feel sick, even if you have mild, cold-like symptoms.
- 2. Wear a face mask at all times when you are outside your apartment home.

In addition, please continue to

- **Practice good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
- **Physically distance** from others (no closer than 6 feet away for no more than 15 minutes).



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- Wear a good-quality face mask that covers your mouth and nose any time you are indoors in public. A surgical mask is recommended over cloth masks.
- Avoid large gatherings.

Please take care and stay well.

Sincerely,

Deann Daniel Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.



