COVID-19 UPDATE

January 1, 2022

Dear Residents of The Mather,

We wanted to inform you that we have learned that **four employees in Independent Living**, **two employees in the Life Centre and an independent contractor have tested positive for COVID-19.** We wish these individuals a speedy recovery.

The Mather is interviewing each of these individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

MONITOR FOR COVID-19 SYMPTOMS:

With COVID-19 symptoms surging in our area, it's important to monitor yourself for symptoms of COVID-19, which includes a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

If you are experiencing any symptoms of COVID-19, or if you have tested positive, please reach out to your physician, and let the Concierge know.

LIFE CENTRE UPDATES

Due to the positive employee cases in the Life Centre, we have implemented outbreak protocols, which include testing of all Life Centre residents and employees twice a week until there are no more positive cases for 14 days. During this time, residents may have visitors in their suites and masks must be worn at all times.

COMMUNITY UPDATES

The Mather is committed to the health and well-being of residents and employees and continue to focus on infection protocols and keeping employees' home if they are ill. As cases surge in our area, we may experience staffing shortages in some experience centers which may alter some of the services we provide. We appreciate your understanding.

STEPS FOR STAYING SAFE:

Please help keep the virus out of our community with these steps.

- 1. If you have cold like symptoms, STAY HOME and contact your physician.
- 2. Practice **good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
- 3. Practice **physical distancing** with others (no closer than 6 feet away for no more than 15 minutes).



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- 4. Wear a good-quality face mask that covers your mouth and nose any time you are indoors in public. A surgical mask is recommended over cloth masks.
- 5. Avoid large gatherings. Please keep in mind that parties and gatherings are opportunities to contract and spread the COVID-19 virus.

Please take care and stay well.

Sincerely,

Deann Daniel Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.



