

COVID-19 UPDATE

December 30, 2021

Dear Residents of The Mather,

We wanted to inform you that we learned yesterday that **two residents in Independent Living and three employees in Independent Living tested positive for COVID-19.** We wish these individuals a speedy recovery.

The Mather is interviewing each individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

We know these are trying times, when each of us is juggling holiday plans while keeping an eye on the rise in COVID-19 cases. We want to keep everyone at The Mather as safe and healthy as possible during the current surge. Therefore, we're making a few temporary adjustments for the month of January.

IMPORTANT UPDATES EFFECTIVE MONDAY, JANUARY 3:

- Family and friends are welcome at The Mather, and **can visit with you in your apartment home.** During January, our restaurants, Get Fit, and all amenity spaces will be for residents only. You are welcome to order to-go meals for your guests and enjoy them in your apartment home.
- **Food and beverages will be offered in the restaurants only** and will not be available in other amenity spaces.
- **We'll continue to have in-person programming.** However, larger gatherings, such as the Resident Council and our monthly Update meeting, will occur virtually for now.

There have been some changes to guidelines regarding isolation time for people who have tested positive for COVID-19. The Mather continues to follow guidance from the Illinois Department of Public Health (IDPH). IDPH has not adopted the new CDC guidelines, which lessen isolation time for positive cases. **In the event that you get a positive test result for COVID-19, it's best to contact the Concierge, who will notify management for guidelines on isolation.**

Finally, please note that the Centers for Disease Control (CDC) is **recommending that people wear well-fitted surgical masks vs cloth masks** for best protection against COVID-19. Please continue to practice good hand hygiene, keep a safe distance when in public, and avoid large gatherings.

Thank you for all you're doing to help us reduce risks of COVID-19 at The Mather. We're truly all in this together, and we appreciate your support.

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Wishing you and your families a happy and healthy New Year.

Sincerely,

Deann Daniel
Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.

COVID-19 SYMPTOMS:

If you experience any symptoms, including a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting, please immediately reach out to your physician and notify the Concierge.



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