

COVID-19 UPDATE

December 28, 2021

Dear Residents of The Mather,

We wanted to inform you that we learned today that **an employee in Independent Living tested positive for COVID-19**. We wish this individual a speedy recovery.

The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

This is a busy time of year, and unfortunately COVID-19 cases are surging right now, coinciding with cold and flu season. Please keep in mind that holiday parties and gatherings are opportunities to contract and spread the COVID-19 virus. The Mather is located in high transmission area for COVID-19. **Please help keep the virus out of our community by staying home if you are feeling ill or have had close contact with someone who has COVID-19.**

IMPORTANT REMINDERS

1. **Stay home if you're sick, or think you may be sick.** If you have symptoms of COVID-19 or have been exposed to a family member or another person who has a confirmed case of COVID-19, inform your physician. **Please do not eat in the restaurants or attend events in the amenity spaces if you are sick or are waiting for test results.**
2. **Wear a good-quality face mask** that covers your mouth and nose when you are indoors in public.
3. Practice **physical distancing** with others (no closer than 6 feet away for no more than 15 minutes).
4. Practice **good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.

COVID-19 SYMPTOMS:

If you experience any symptoms, including a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting, please reach out to your physician.

If you are experiencing any symptoms of COVID-19, or if you have tested positive for COVID-19, **please stay home.**

Please take care and stay well.

Sincerely,

Deann Daniel
Executive Director

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