

# COVID-19 UPDATE

December 28, 2021

Dear Employees of The Mather,

We wanted to inform you that we learned today that **an employee in Independent Living tested positive for COVID-19**. We wish this individual a speedy recovery.

The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

This is a busy time of year, and unfortunately COVID-19 cases are surging right now, coinciding with cold and flu season. Please keep in mind that holiday parties and gatherings are opportunities to contract and spread the COVID-19 virus. The Mather is in high transmission areas for COVID-19. **Please help keep the virus out of our community by staying home if you are feeling ill and notify your manager.**

## **IMPORTANT REMINDERS**

You can take steps to keep residents, your coworkers, and yourself safe. These steps have been proven to greatly reduce risk of contracting COVID-19:

1. **Stay home if you're sick, or think you may be sick.** If you have symptoms of COVID-19 or have been exposed to a family member or another person who has a confirmed case of COVID-19, inform your physician, manager, and HR Representative.
2. **Wear a good-quality face mask** that covers your mouth and nose when you are indoors in public.
3. Practice **physical distancing** with others (no closer than 6 feet away for no more than 15 minutes).
4. Practice **good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
5. **Get your COVID-19 booster shot! With vaccinations and boosters now available to all adults, Mather has updated its COVID-19 vaccination policy. Mather will require all team members, including new hires, to receive a COVID-19 vaccination and booster by January 17, 2022, unless a reasonable accommodation and exemption from the policy is approved.**
  - o Note that the CDC allows people to “mix and match” their booster; you can get any available shot regardless of which vaccine you originally received.\
  - o **SIGN UP FOR THE BOOSTER CLINIC which will be held onsite at The Mather on Tuesday, January 11. Consent forms should be given to HR.**

## **COVID-19 SYMPTOMS:**

If you experience any symptoms, including a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting, please immediately reach out to your physician and notify your manager or your HR representative.

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## **IF YOU ARE EXPOSED TO COVID-19:**

If you believe you have been exposed to COVID-19, please immediately notify your HR representative and your manager (even if you don't have symptoms). **If you have COVID-19 symptoms, do not come in to work until you have spoken to an HR representative.**

Please take care and stay well.

Sincerely,

Deann Daniel  
Executive Director