

# COVID-19 UPDATE

July 19, 2021

Dear Residents of The Mather,

We wanted to inform you that we learned today, July 19, 2021, that **an Independent Living resident tested positive for COVID-19**. We wish this individual a speedy recovery.

**All residents have the possibility of having been exposed** since we are out and about within the community. Therefore, **everyone should monitor themselves for symptoms of COVID-19** and report to your physician and The Mather Concierge if you experience symptoms.

## **PLEASE STAY VIGILANT:**

Please continue to be careful to protect yourself and our community! You are undoubtedly aware that there is currently a surge in COVID-19 positivity rates across the US due to the rapid spread of the Delta variant of the virus.

Regardless of your vaccination status, you can reduce your risk of contracting or carrying the virus by practicing strong infection control measures:

- Consider **wearing a mask** that covers your nose and mouth when you are out in public, or in crowded areas.
- Regularly **use good hand hygiene** by washing your hands frequently for 20 or more seconds.
- **Practice physical distancing** (no closer than 6 feet away for no more than 15 minutes).

Thank you for remaining vigilant. We truly appreciate everyone's continued efforts to keep COVID-19 out of our community.

Sincerely,

Deann Daniel  
Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*

## **COVID-19 SYMPTOMS:**

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 492.5000. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, include headache, chills, muscle pain, and gastrointestinal issues such as diarrhea, nausea, or vomiting. Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.



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