

# COVID-19 UPDATE

July 19, 2021

Dear Employees of The Mather,

We wanted to inform you that we learned today, July 19, 2021, that **an Independent Living resident tested positive for COVID-19**. We wish this individual a speedy recovery.

## **PLEASE STAY VIGILANT:**

Please continue to be careful to protect yourself and our community! You are undoubtedly aware that there is currently a surge in COVID-19 positivity rates across the US due to the rapid spread of the Delta variant of the virus.

**Please do not come in to work if you are experiencing symptoms of COVID-19.** If you experience any symptoms including: a loss of taste or smell, cough, fever, headache, chills, muscle pain, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting, please immediately reach out to your physician and notify your manager or your Human Resources representative of your condition. Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.

Regardless of your vaccination status, you can reduce your risk of contracting or carrying the virus by practicing strong infection control measures:

- Consider **wearing a mask** that covers your nose and mouth when you are out in public, or in crowded areas.
- Regularly **use good hand hygiene** by washing your hands frequently for 20 or more seconds.
- **Practice physical distancing** (no closer than 6 feet away for no more than 15 minutes).

Thank you for remaining vigilant. We truly appreciate everyone's continued efforts to keep COVID-19 out of our community.

Take care and stay well.

Sincerely,

Deann Daniel  
Executive Director