

# COVID-19 UPDATE

January 3, 2021

Dear Employees of The Mather,

We wanted to inform you that we learned yesterday, January 2, 2021, that **an employee of The Mather Life Centre tested positive for COVID-19 based on routine testing.**

The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified. We wish the individual a speedy recovery as they recover at home.

**Please know that testing is only a reflection of that day and can create a false sense of security. It is critical you remain vigilant and practice infection control measures.**

With the holiday season, some areas are experiencing a substantial increase in Coronavirus cases. During this time of increased risks—which coincides with flu season—we ask you to continue doing what you can to protect yourself and others, including

- practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)
- wearing masks that cover your mouth and nose when you are at work and anywhere outside of your home
- practicing good hand hygiene by washing your hands frequently for 20 or more seconds or by using hand sanitizer
- avoiding small social gatherings

Take care and stay well.

Sincerely,

Deann Daniel,  
Executive Director

## PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

bewell@thematherevanston.com

