

COVID-19 UPDATE

January 24, 2021

Dear Employees of The Mather,

We wanted to inform you that we learned yesterday, January 23, 2021, that based on routine testing, **an employee who works in The Mather Life Centre tested positive for COVID-19.** The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified. We wish the individual a speedy recovery.

COVID-19 VACCINATION:

Getting the COVID-19 vaccine is an important step in stopping the spread of the virus. We are looking forward to our vaccination clinic with Walgreens on Wednesday, January 27.

It is important to note that getting the COVID-19 vaccine does not mean you are invincible. As stated in a recent article from the Cleveland Clinic, it takes time for the vaccine to take effect and you can still transmit COVID-19 to others. Physicians and health professionals stress the importance of continuing infection control protocols that have kept many safe during the pandemic. **That means wearing face masks over your nose and mouth, washing hands for 20 seconds or more or using hand sanitizer, staying physically distanced (at least 6 feet apart), and avoiding indoor gatherings or large numbers of people.** While the COVID-19 vaccine is very effective and valuable, it works best when coupled with the preventative public health measures already in place. **We ALL must work TOGETHER and keep practicing COVID-19 protocols—even after you are vaccinated.**

Source: <https://health.clevelandclinic.org/what-happens-when-you-get-the-covid-19-vaccine/>

Take care and stay well.

Sincerely,

Deann Daniel,
Executive Director

PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.