

COVID-19 UPDATE & VACCINE NEWS

January 18, 2021

Dear Employees of The Mather,

We wanted to inform you that we learned yesterday, January 17, 2021, that **a resident in The Mather Life Centre tested positive for COVID-19**. The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified. We wish the individual a speedy recovery.

We ask that everyone continue doing what you can to protect yourself and others, including:

- practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)
- good hand hygiene by washing your hands frequently for 20 or more seconds
- wearing masks that cover your mouth and nose when you are outside of your home

Questions? Please call (847) 492.4651 or email bewell@thematherevanston.com.

Take care and stay well.

Sincerely,

Deann Daniel
Executive Director

COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. Newer symptoms include headache, chills, and muscle pain. Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.