

COVID-19 UPDATE

December 8, 2020

Dear Residents of The Mather,

We wanted to inform you that we learned yesterday, December 7, 2020, that **an employee of The Mather Life Centre tested positive for COVID-19**. The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified. We wish the individual a speedy recovery as they recover at home.

TESTING AVAILABLE IN INDEPENDENT LIVING:

IF YOU HAVE SYMPTOMS OR HAVE BEEN IN CONTACT WITH A POSITIVE CASE:

If you are experiencing any COVID-19 symptoms (listed at the end of this letter) or if you learn you have had possible close contact with someone who has tested positive for COVID-19, please reach out to your physician, notify our Wellness Nurse, and quarantine in your apartment home. For the safety of everyone, we will post signs on the doors of apartment homes that are under quarantine for flu or COVID-19.

ON-SITE TESTING AVAILABLE EVERY WEDNESDAY:

The Mather will offer weekly COVID-19 testing every Wednesday for any Independent Living resident who would like to be tested. This is completely voluntary, and tests will be billed directly to your insurance provider.

To get tested, **you must sign up no later than the Monday prior** by completing a consent form and returning it to the Concierge. Forms can be found in the mailrooms.

Please know that testing is only a reflection of that day and can create a false sense of security. It is critical you remain vigilant and practice infection control measures.

If you have COVID-19 symptoms or know you were directly exposed to someone with COVID-19, do not wait for this regular testing. Contact your physician to be tested, notify our Wellness Nurse, and quarantine in your home.

HOUSEKEEPING SERVICES UPDATE:

In order to minimize contact between residents and employees, **we ask that you vacate your apartment home while housekeeping staff are present**. Thank you for following this precautionary measure.

Take care and stay well.

Sincerely,

Deann Daniel
Executive Director
bewell@thematherevanston.com



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PLEASE SELF-MONITOR FOR COVID-19 SYMPTOMS:

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Wellness Nurse by calling the Concierge at (847) 492.5000. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.



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