

COVID-19 UPDATE

December 8, 2020

Dear Employees of The Mather,

We wanted to inform you that we learned yesterday, December 7, 2020, that **an employee of The Mather Life Centre tested positive for COVID-19**. The Mather is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified. We wish the individual a speedy recovery as they recover at home.

Next week we will begin offering residents in Independent Living an opportunity to get tested for COVID-19; on-site testing will be available to them every Wednesday.

HOUSEKEEPING SERVICES UPDATE:

In order to minimize contact between residents and employees, we are asking residents to vacate their apartment homes while housekeeping staff are present.

PLEASE REMAIN VIGILANT:

Evanston and the surrounding areas are experiencing a substantial increase in Coronavirus cases, as are senior care communities around the country. During this time of increased risks—which coincides with flu season—we ask you to continue doing what you can to protect yourself and others, including

- **practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)**
- wearing masks that cover your mouth and nose when you are at work and anywhere outside of your home
- practicing good hand hygiene by washing your hands frequently for 20 or more seconds or by using hand sanitizer
- avoiding small social gatherings

Please limit your exposures to others during this holiday season; it can make a huge difference in the safety of your coworkers, residents, and you.

Take care and stay well.

Sincerely,

Deann Daniel
Executive Director

PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

bewell@thematherevanston.com

