

# COVID-19 UPDATE

November 22, 2020

Dear Residents of The Mather,

We wanted to inform you that we learned yesterday, November 21, 2020, that **an employee in Independent Living has tested positive for COVID-19. Additionally, based on routine testing, we have been advised today that three residents of The Mather Life Centre have tested positive of COVID-19.** Routine testing of both residents and employees who work at The Mather Life Centre continues.

These individuals are following guidance from their physicians. We wish them a speedy recovery. The Mather is interviewing these individuals to determine if any of them was in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). We will telephone anyone who was in close contact.

## **THANKSGIVING HOLIDAY**

**We understand that Thanksgiving is upon us, and gathering is a tradition. For your safety and that of your family and friends, we strongly encourage you to partake in the Thanksgiving holiday virtually with your loved ones.** Group gatherings continue to be one of the highest risk areas for the spread of COVID-19.

## **BE VIGILANT— PRACTICE THE THREE WS**

**WEAR A MASK:** Keep your nose and mouth covered. Insist those around you also wear a mask.

**WATCH YOUR DISTANCE:** Keep at least 6 feet of space between yourself and others.

**WASH YOUR HANDS OFTEN:** Use soap and water for at least 20 seconds, or use an alcohol-based sanitizer.

Our top priority remains the health and safety of residents and employees through this worldwide pandemic.

Take care and stay well.

Deann Daniel  
Executive Director

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## **PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS**

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 492.5000. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.