

# COVID-19 UPDATE

November 13, 2020

Dear Residents of The Mather,

## **INDEPENDENT LIVING UPDATE:**

We wanted to inform you that we learned late yesterday, November 12, 2020, that **an employee in Independent Living has tested positive for the Coronavirus disease (COVID-19)**. This employee is recovering at home and following guidance from their physician. We wish this individual a speedy recovery. The Mather is interviewing this person to determine if they were in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **THE MATHER LIFE CENTRE UPDATE:**

Routine testing of both residents and employees who work at The Mather Life Centre continues. There are no new positive cases to report.

## **NEW GUIDANCE URGING RESIDENTS TO STAY HOME:**

Beginning on Monday, November 16, 2020, the City of Chicago is advising all residents of Chicago to stay at home in response to the rapid rise of COVID-19 cases and hospitalizations in the city. Based on this and on current guidelines from the Illinois Department of Public Health, we ask you to limit travel as much as possible over the next four weeks. We urge residents and employees alike to consider staying at home over the Thanksgiving holiday and beyond, only leaving for essential activities, which include going to the grocery store or pharmacy, seeking medical care, or picking up curbside from restaurants.

**“To lose patience is to lose the battle.” ~ Mahatma Gandhi**

We are in this together and know that mitigating COVID-19 is a group effort.

Take care and stay well.

Sincerely,

Deann Daniel  
Executive Director

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## GOOD *health* IS A GROUP EFFORT

LET'S KEEP EACH OTHER SAFE BY PRACTICING THESE CDC TIPS!



### MAINTAIN PHYSICAL DISTANCING.

Keep at least 6 feet of space between yourself and others.



### WEAR MASKS AS REQUIRED.

Keep your nose and mouth covered around the community and on the grounds.



### WASH YOUR HANDS OFTEN.

Use soap and water for at least 20 seconds or an alcohol-based sanitizer.



### COVER YOUR COUGH OR SNEEZE WITH A TISSUE.

Discard the tissue in the trash and wash your hands.



### STAY HOME WHEN YOU ARE SICK.

Prevent spreading illness to others.

## THANKS FOR DOING YOUR PART!

