COVID-19 UPDATE

Dear Employees of The Mather,

We wanted to inform you that we learned yesterday, November 27, 2020, that an employee who works in Independent Living has tested positive for COVID-19.

This employee is recovering at home and following guidance from their physician. We wish this individual a speedy recovery. The Mather is interviewing this person to determine if they were in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

THE MATHER LIFE CENTRE UPDATE:

Routine testing of both residents and employees who work at The Mather Life Centre continues. There are no new positive cases to report.

We hope you had a nice Thanksgiving holiday. We are filled with gratitude for your continued support for one another and in serving the residents of The Mather.

Take care and stay well.

Deann Daniel Executive Director

<u>BE VIGILANT- PRACTICE THE THREE Ws</u>

WEAR A MASK: Keep your nose and mouth covered. Insist those around you also wear a mask.

WATCH YOUR DISTANCE: Keep at least 6 feet of space between yourself and others.

WASH YOUR HANDS OFTEN: Use soap and water for at least 20 seconds, or use an alcoholbased sanitizer

PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

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