

# COVID-19 UPDATE

November 23, 2020

Dear Employees of The Mather,

We were advised that **a resident in Independent Living as well as a contracted service individual who works in Independent Living have confirmed positive cases of COVID-19.** These individuals are following guidance from their physicians and we wish them a speedy recovery

The Mather is interviewing these individuals to determine if either of them was in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). We will telephone anyone who was in close contact.

## **THANKSGIVING HOLIDAY**

**With the Thanksgiving holiday upon us, the City of Evanston's Health & Human Services Department strongly recommend that people not get together with others beyond those in their immediate household and instead partake in the Thanksgiving holiday virtually with your loved ones.** Group gatherings continue to be one of the highest risk areas for the spread of COVID-19.

## **BE VIGILANT— PRACTICE THE THREE WS**

**WEAR A MASK:** Keep your nose and mouth covered. Insist those around you also wear a mask.

**WATCH YOUR DISTANCE:** Keep at least 6 feet of space between yourself and others.

**WASH YOUR HANDS OFTEN:** Use soap and water for at least 20 seconds, or use an alcohol-based sanitizer.

Our top priority remains the health and safety of residents and employees through this worldwide pandemic.

Take care and stay well.

Deann Daniel  
Executive Director

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## **PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS**

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

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