

# COVID-19 UPDATE

November 17, 2020

Dear Employees of The Mather,

## **INDEPENDENT LIVING UPDATE:**

We wanted to inform you that we learned yesterday, November 16, 2020, that **an employee in Independent Living has tested positive for COVID-19.**

This employee is recovering at home and following guidance from their physician. We wish this individual a speedy recovery. The Mather is interviewing this person to determine if they were in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). As with past cases, we will notify anyone who was in close contact by phone.

## **THE MATHER LIFE CENTRE UPDATE:**

Routine testing of both residents and employees who work at The Mather Life Centre continues. **There are no new positive cases to report.**

Over the course of this pandemic, we continue to educate employees and residents about the proven preventative measures as well as self-monitoring for symptoms and reporting them. We are proud of our employees and their efforts.

Exposures to COVID-19 can occur in ways one might not expect. Examples of ways in which someone may become exposed include a resident who had a hospital stay or medical office visit, a third-party caregiver who exposed a resident, an employee's spouse who works in health care and was exposed, small social gatherings, and more.

As we experience a surge in cases across the country to unprecedented numbers, we ask you to limit travel as much as possible. We urge residents and employees alike to consider staying at home and only leaving for essential errands. Doing so can help protect all who live and work at The Mather.

## **BE VIGILANT—PRACTICE THE THREE WS:**

**WEAR A MASK:** Keep your nose and mouth covered.

**WATCH YOUR DISTANCE:** Keep at least 6 feet of space between yourself and others.

**WASH YOUR HANDS OFTEN:** Use soap and water for at least 20 seconds, or use an alcohol-based sanitizer.

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Please be assured that our top priority is the health and safety of residents and employees through this worldwide pandemic. Our main goal is to identify and isolate employees and residents who may have been exposed to the virus, with symptoms and positive cases, in order to minimize and prevent further spread.

Take care and stay well.

Sincerely,

Deann Daniel  
Executive Director

## PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify your supervisor or Human Resources. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

