



October 18, 2020

Dear Employees of The Mather,

The Mather Life Centre Update:

As part of ongoing surveillance testing, we have been advised that **2 residents and an employee of The Mather Life Centre have confirmed positive cases of the Coronavirus disease (COVID-19)**. The residents are receiving care within the Life Centre and are taking guidance from their physicians. Residents who test positive for the virus are moved to the isolation unit. The employee is recovering at home. We wish them both well in their recovery.

In addition to testing residents and employees in The Mather Life Centre twice a week until there are no new positive results – The Mather, as a short-term measure, is conducting rapid COVID-19 tests of direct care employees who work at The Mather Life Centre before the start of each shift. We will also be conducting rapid testing of residents in the Life Centre daily on a short-term basis.

PLEASE PROTECT YOURSELF & OTHERS:

Everyone Should:

- **Wash your hands often** with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing
- **Avoid close contact** by maintaining physical distancing (stay at least 6 feet or about 2 arms' length) from other people
- **Cover your mouth and nose** with a mask when you are outside of your apartment home.
- **Cover coughs and sneezes** with a tissue when you cough or sneeze; throw the used tissue in the trash and immediately wash your hands for at least 20 seconds.
- **Clean and disinfect** frequently touched surfaces daily
- **Monitor your health daily** if symptoms develop.

PLEASE STAY HOME IF YOU ARE NOT FEELING WELL
This includes if you believe you have a cold, the flu, or allergies.

COVID-19 SYMPTOMS INCLUDE:

a loss of taste or smell
cough
muscle pain
shortness of breath
pink eye, eye pain, or vertigo

fever or chills
headache
sore throat
discoloration of the toes
diarrhea, nausea, or vomiting

If you experience any of these symptoms, please immediately reach out to your physician, and notify your manager or your Human Resources representative.

We are available for you if you have questions or concerns. Please contact me at (847) 492.4646, Maria Izokaitis at (847) 492.4642 or mizokaitis@thematherevanston.com, or email bewell@thematherevanston.com. We will respond as soon as we are able.

Please be assured we are working diligently to minimize further spread of this virus and are following guidelines set forth by the Centers for Disease Control (CDC) and local and state health departments. Our top priority, focus, and attention are on the people who live and work at our community. We will continue to keep you informed.

Thank you for your continued support.

Sincerely,

Deann Daniel
Executive Director