

October 18, 2020

Dear Residents,

The Mather Life Centre Update:

As part of ongoing surveillance testing, we have been advised that **2 residents and an employee of The Mather Life Centre have confirmed positive cases of the Coronavirus disease (COVID-19)**. The residents are receiving care within the Life Centre and are taking guidance from their physicians. Residents who test positive for the virus are moved to the isolation unit. The employee is recovering at home. We wish them both well in their recovery.

In addition to testing residents and employees in The Mather Life Centre twice a week until there are no new positive results – The Mather, as a short-term measure, is conducting rapid COVID-19 tests of direct care employees who work at The Mather Life Centre before the start of each shift. We will also be conducting rapid testing of residents in the Life Centre daily on a short-term basis.

Employees undergo a screening for symptoms and temperature check before they begin their shift at The Mather and have to confirm they do not feel ill. In the Life Centre, residents are screened twice per shift for temperature, respiratory status, and oxygen levels. If there is a change in symptoms, we will promptly notify the resident's physician and family member and follow their physician's guidance.

Independent Living Update:

There are no active cases in Independent Living at The Mather. We know that the news of cases anywhere within the community is unsettling. It is important to know that employees who work at The Mather Life Centre do not work in Independent Living.

PLEASE PROTECT YOURSELF & OTHERS:

Everyone Should:

- **Wash your hands often** with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing
- **Avoid close contact** by maintaining physical distancing (stay at least 6 feet or about 2 arms' length) from other people
- **Cover your mouth and nose** with a mask when you are outside of your apartment home.
- **Cover coughs and sneezes** with a tissue when you cough or sneeze; throw the used tissue in the trash and immediately wash your hands for at least 20 seconds.
- **Clean and disinfect** frequently touched surfaces daily
- **Monitor your health daily** if symptoms develop.



COVID-19 symptoms include:

- a loss of taste or smell
- cough
- fever or chills
- headache
- muscle pain
- sore throat
- shortness of breath
- gastrointestinal issues such as diarrhea, nausea, or vomiting
- pink eye, eye pain, or vertigo
- discoloration of the toes

If you experience any of these symptoms, please immediately reach out to your physician regarding your condition.

Please be assured we are working diligently to minimize further spread of this virus and are following guidelines set forth by the Centers for Disease Control (CDC) and local and state health departments. Our top priority, focus, and attention are on the people who live and work at our community. We will continue to keep you informed.

Thank you for your continued support.

For general questions, please call (847) 492.4651 or email bewell@thematherevanston.com.

Take care and stay well.

Sincerely,

Deann Daniel
Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.

