

October 14, 2020

Dear Residents,

**Update on The Mather Life Centre:**

We have been advised that **a resident and an employee of The Mather Life Centre have confirmed positive cases of the Coronavirus disease (COVID-19).** The resident is receiving care within the Life Centre and is taking guidance from their physician. The employee is recovering at home. We wish them both a speedy recovery.

The majority of results from the most recent employee tests are negative; some test results are still pending.

**Mather will increase the frequency of testing for residents and employees in The Mather Life Centre. Testing will be conducted twice a week until there are no new positive results.**

Employees undergo a screening for symptoms and temperature check before they begin their shift at The Mather, and have to confirm they do not feel ill. In the Life Centre, residents are screened twice per shift for temperature, respiratory status, and oxygen levels. If there is a change in symptoms, we will promptly notify the resident's physician and family member and follow their physician's guidance.

**PLEASE PROTECT YOURSELF & OTHERS:**

Continue to protect yourself by practicing physical distancing (no closer than 6 feet away for no more than 10 minutes); good hand hygiene by washing your hands frequently for 20 or more seconds; and wearing masks that cover your mouth and nose when you are outside of your apartment home.

And please be alert to the symptoms of COVID-19, which include

- a loss of taste or smell
- cough
- fever or chills
- headache
- muscle pain
- sore throat
- shortness of breath
- gastrointestinal issues such as diarrhea, nausea, or vomiting
- pink eye, eye pain, or vertigo
- discoloration of the toes

If you experience any of these symptoms, please immediately reach out to your physician regarding your condition.



We continue to be steadfast in our support of you and our team members, as we remain focused on keeping you healthy and well. Thank you for your continued support and for doing your part to protect your neighbors and the staff.

**For general questions, please call (847) 492.4651 or email [bewell@thematherevanston.com](mailto:bewell@thematherevanston.com).**

Take care and stay well.

Sincerely,

Deann Daniel  
Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*

