

September 10, 2020

Dear Residents,

We have no new cases of the Coronavirus disease (COVID-19) at The Mather.

We hope you enjoyed the sunshine over Labor Day weekend! We'll continue to make the most of the weather when it's dry, offering outdoor opportunities to visit, enjoy a meal, or participate in an "al fresco" fitness class. Please be aware that we are working on plans for safe indoor programming and visitor guidelines as the fall approaches.

Here are some updates for our community:

RESTAURANT DINING AVAILABLE:

Starting Tuesday, September 15, Patents Place, 31, and Alonzo's will be open! Patent's Place will be available for all-day dining from 7:30 a.m. to 7:00 p.m., and 31 and Alonzo's will serve dinner only. All have new weekly menus. For the safety of residents and employees, capacity in each restaurant will be limited—so reservations are required and guests are not allowed at this time. We're modifying how we serve you in order to limit contact between residents and servers, and of course, masks must be worn while interacting with Culinary staff. **Please make reservations by calling the host stand at (847) 492.4649.**

Al fresco dining and meal deliveries will continue to be available.

WEEKLY TESTING FOR LIFE CENTRE STAFF:

Based on guidelines from the Centers for Medicare and Medicaid Services (CMS), we will begin COVID-19 testing on a weekly basis for staff in The Mather Life Centre. This week's testing was done on Wednesday, September 9.

REVISED TRAVEL GUIDELINES:

The City of Chicago has revised its Emergency Travel Order, which The Mather uses as our guideline. This order requires travelers to quarantine for 14 days if they are arriving from any of the following states:

Alabama, Arkansas, Florida, Georgia, Hawaii, Idaho, Iowa, Kansas, Kentucky, Louisiana, Mississippi, Missouri, Nebraska, Nevada, North Carolina, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, and Texas.

The city updates this list every week. For the latest information, visit chicago.gov/city/en/sites/covid-19/home/emergency-travel-order.html.

If you return to The Mather from any of these states, please notify the Concierge and plan to quarantine in your apartment for two weeks. **If any family members plan to visit from a listed state, they are unable to visit residents in the South Garden until 14 days after arrival in Illinois.**

Thank you for doing your part to support the health and well-being of residents and staff.

For general questions, please call (847) 492.4651 or email bewell@thematherevanston.com.

Sincerely,

Deann Daniel
Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.

COVID-19 SYMPTOMS:

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 492.5000. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. Newer symptoms recently added include headache, chills, and muscle pain. Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.