

June 5, 2020

Dear Residents,

We wanted to provide you with an update on The Mather. First, **we have no new cases of COVID-19 in our community.**

**TESTING UPDATE:**

We administered the second round of COVID-19 testing for direct care employees in the Life Centre this week and are waiting for test results.

**IMPORTANT NOTE ON FUTURE DECISIONS:**

Mather will monitor internal and external factors in making decisions for easing or tightening restrictions within The Mather. The Mather will monitor such things as:

- resident and employee compliance with protocols, including use of masks, handwashing, and social distancing
- resident and employee COVID-19 symptoms or positive cases
- other internal and external factors

**POLICY ON RESIDENTS RETURNING TO THE MATHER:**

Some residents left The Mather at the start of the shelter in place order, and others have left during the course of the order. Some residents are making plans to leave for a period of time in the future. Many of the residents who are away are beginning to think of returning.

The policy for those returning from an extended stay is as follows:

- Returning residents should self-monitor for temperature and symptoms daily for 14 days. (A self-monitoring form will be provided.) If symptoms develop, they are to self-quarantine and contact their physician and notify the Concierge.
- Returning residents should take extra care to wear a face mask whenever they leave their apartment, practice good hand hygiene, and use physical distancing with all people.
- Returning residents can walk outside, including the neighborhood or in the gardens by themselves or with spouse only.
- Returning residents must order meals via phone to be delivered.
- Returning residents must wear a face mask whenever staff are in their apartment home and be in a different room.
- Returning residents are prohibited from small gatherings or any socializing with fellow residents for 14 days.
- Returning residents should use their vehicle for an essential medical appointment only, and no other reason.

**The above policy also applies to residents who go to medical appointment or procedure in a medical office or the hospital, but don't stay overnight.**

Any resident who has spent one or more nights in a hospital, or any resident who has been identified as a Person Under Investigation due to COVID-19 symptoms and close contact with positive case, must self-quarantine in their apartment home for 14 days.

The health and well-being of residents and staff continues to be our top priority. We're grateful for your partnership in following current protocols to help keep us safe. Thank you!

For general questions, please call (847) 492.4651 or email [bewell@thematherevanston.com](mailto:bewell@thematherevanston.com).

Sincerely,

Deann Daniel  
Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*

**COVID-19 SYMPTOMS:**

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 492.5000. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. Newer symptoms recently added include headache, chills, and muscle pain. Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.