

May 30, 2020

Dear Residents,

We wanted to provide you with an update on The Mather. First, we have no new cases of COVID-19 in our community.

THE MATHER LIFE CENTRE:

TESTING UPDATE:

Last week I shared the good news that all residents and employees in The Mather Life Centre who were tested for COVID-19 had negative results. We tested the remaining six employees and received the results that were pending, and **all results came back negative**.

Next week, we will be administering a second round of testing for direct care employees in the Life Centre.

RESTRICTIONS:

The Life Centre is regulated by Illinois Department of Public Health (IDPH) and the Centers for Medicare and Medicaid Services (CMS). The regulations have not changed and therefore, all restrictions for the Life Centre remain, **including a no visitor policy**. We understand this is a difficult situation and you miss your family members. To coordinate a virtual visit, please contact David Walker (847) 492.4744.

INDEPENDENT LIVING:

The health and safety of residents and staff remains our top priority at The Mather. As we begin to ease some restrictions, we may adjust them at any time at our discretion.

Currently in Effect:

- **Walking or biking around the neighborhood** is permitted while wearing masks, practicing physical distancing of six feet or more, and avoiding meeting with non-residents.
 - Do not enter any type of stores or other places of business.
- **Driving your vehicle** to essential medical appointments or taking a joy ride alone or with a spouse only. Do not visit family or enter any type of business.
 - Call the Concierge in advance (847) 492.5000 to have valet bring your vehicle to you.
 - Do not congregate at the main entrance.
- **Gather outdoors in groups of no more than four residents**, using proper physical distancing and wearing a mask, on Burnham's Patio or Props 1 and 2. No apartment home visits.

- While we will be wiping down the above areas twice a day, we ask that you use the supplied cleaning supplies to self-clean the chairs and tables before and after use.

The following changes will be in effect starting Monday, June 1:

- **When golfing or playing tennis**, please follow guidelines posted by the golf course or tennis court. Follow safe distancing rules and stay out of the clubhouse (except to pay). Keep in mind that you can ride a golf cart with your spouse, but otherwise do not share a cart.
- While walking or driving, you may get **curbside pickup at stores**, but we ask that you not enter any type of business. Curbside pickup requires you to order and pay for items in advance.
- Banking through outdoor ATMs or **drive-thru banking** is permitted. Do not enter the bank.

Please note that if The Mather notes an increase in positive cases of COVID-19 in our community, some or all restrictions may be re-implemented.

All community spaces including Get Fit, the pool, Palettes art studio, the library, Cotton Spa, and the restaurants will remain closed.

We will continue to have a no visitor policy, including outside in our gardens and grounds.

THE NEXT STEP

The Mather is working on plans to ease restrictions for residents in independent living. We know this is important to you. We are carefully working through processes and procedures to mitigate risk as restrictions are eased. My goal is to share additional changes next week.

The Mather continues to implement strong infection control and sanitation protocols to minimize the spread of the virus.

- Residents must wear masks and must maintain physical distancing of six feet or more.
- Residents must wash hands for 20 seconds or more before leaving apartment and for 20 seconds or more upon returning.
- Cough or sneeze into a tissue, throw it away, and wash your hands immediately or use hand sanitizer.
- Residents should continue to self-monitor your temperature and report to your physician and the Wellness Nurse if one or more readings are elevated.
- All employees are being health-screened upon entering the community, including a temperature check.
- Meals and groceries from Mather Market will continue to be delivered directly to you.
- High-touch areas within the community are cleaned and disinfected frequently.
- Limited housekeeping services will continue unless you have opted out. The Mather staff who enter your apartment home will wear personal protective

equipment (PPE) and you must wear a cloth face mask in a different room.

- Residents should not enter any public business including drugstores, grocery stores, salons, coffee shops, or other retail establishments.

For general questions, please call (847) 492.4651 or email bewell@thematherevanston.com.

Sincerely,

Deann Daniel
Executive Director

PS: Please note that this letter is being shared with all residents' current emergency contacts.