

April 23, 2020

Dear Employees of The Mather,

We have been advised today, April 23, 2020 that a resident of The Mather Life Centre has a confirmed positive case of the Coronavirus disease (COVID-19). The resident is receiving care within the Life Centre. We wish this resident a speedy recovery.

Since the news of our first confirmed employee COVID-19 case on April 22, 2020, we have:

- Had a national company perform deep cleaning and sanitizing of high touch areas in Life Centre. They also cleaned corridors in the Life Centre, the Life Centre employee break area, public restrooms, and the main employee entrance.
- Increased the frequency of health screenings and temperature checks for employees and residents within Life Centre.

Frequently Asked Questions:

Q: How will I know if I have been in contact with the resident?

A: The Mather reported the case to the Evanston Health and Human Services Department and Illinois Department of Public Health. The Evanston Health and Human Services Department will conduct trace mapping and will contact people who are identified as having had close contact with this person.

Q: Will you do testing?

A: At this time, testing requires a physician's order. We continue to coordinate with our local public health department and follow guidance from the Centers for Disease Control and Illinois Department of Public Health to monitor and implement best practices. We remain vigilant in physical distancing, use of masks, handwashing, and practicing other infection control protocols.

Q: There continues to be new information about COVID-19, including potential symptoms. For what symptoms should I be self-monitoring?

A: Symptoms may include: a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. **Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes** may also be COVID-19 symptoms. If you experience any of these symptoms, please immediately reach out to your physician and notify your manager or your Human Resources representative of your condition.

In addition to the measures we have put in place, we will also follow the lead of the state and local health departments, the Centers for Disease Control (CDC), and recommendations from our Medical Director. Additionally, Mary Leary was appointed by the Mayor of Evanston to serve on a citywide COVID-19 Task Force and lead an Evanston Senior Living/Congregate Housing

COVID-19 Working Group. These efforts have provided access to information, connections, and initiatives focused on helping mitigate and manage the spread of COVID-19. State and local epidemiologists and infectious disease consultants participate who share best practices. This has provided Mather's interdisciplinary task force with valuable insights and information.

We will continue to be steadfast in our support of you and our residents during this time. All of us must remain strong to keep our residents and team members healthy and well. Continue to protect yourself, your family members, and others with whom you may have contact **both at work and in your "at home" lives** by practicing "physical distancing" (no closer than 6 feet away for no more than 10 minutes); good hand hygiene by washing your hands frequently for 20 or more seconds; and wearing masks that cover your mouth and nose when you are out in public for essential shopping and medical appointments.

Please know that we are here for you. We will provide ongoing updates through email and at thematherevanston.com/alerts. Should you have any questions, please call Deann Daniel at (847) 492.4646, Maria Izokaitis at (847) 492.4642 or mizokaitis@thematherevanston.com, or email bewell@thematherevanston.com. We will respond as soon as we are able.

Thank you and please stay well.

Mary Leary

President and CEO

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