

A close-up photograph of a dandelion seed head in the bottom left corner, with several seeds blowing away on their white, feathery parachutes against a clear, bright blue sky. The seeds are scattered across the frame, some in sharp focus and others blurred, creating a sense of movement and dispersal.

matherlifeways®

The Mather

Someday Starts Here

Guide to The Mather



Welcome to The Mather

Take a 10-minute tour

Discover **10** fast facts

Live life on cloud **9**

Explore **8** featured floor plans

Delicious dining **7** days a week

R&R, served **6** ways


Meet **5** people from The Mather

More **4** your money

3 kinds of peace of mind

Plenty of things **2** do every day

Make **1** day happen right away

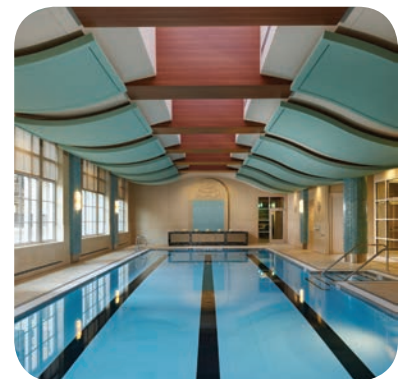


Take a quick peek inside our vibrant community and discover the many possibilities that await.



Discover 10 fast facts

- ✓ **Spectacular views of Lake Michigan**, the sweeping Chicago skyline, scenic streetscapes, serene gardens, and lush foliage
- ✓ An inviting community of **over 300 residents**
- ✓ A winner of the Senior Housing News Design and Architecture **Award for a Continuing Care Retirement Community**
- ✓ Many unique amenities, including the Reel Room, **a 22-seat cinema**
- ✓ **Gold LEED certified** by incorporating “green” building strategies for water savings, energy efficiency, and indoor environmental quality
- ✓ A “Walker’s Paradise,” The Mather boasts an impressive walkability score of 95 out of 100 thanks to its **premier location in the heart of Evanston**, steps away from it all
- ✓ A stocked calendar of **diverse events right on-site**, like cooking demonstrations, wine tastings, performing arts groups, reading groups, and live concerts in the garden
- ✓ **Enclosed, climate-controlled garage**, additional storage spaces, and other thoughtful conveniences
- ✓ A **10,000-square-foot fitness center** and signature Cotton Spa™ with heated, 20-meter lap pool, group exercise studio, and more
- ✓ Over **5 different community lounge areas**, in addition to spacious apartments with ample living space



Live life on cloud **9**

The Mather is considered by many to be in the best location in the entire Chicago area—right in the heart of Evanston’s vibrant North Shore community and minutes from Lake Michigan.

When you visit for the first time, you’ll notice a well-manicured oasis surrounded by lush gardens, outdoor sitting areas, and plenty of room for adventure. Inside, there’s even more to explore.



- | | | | | |
|----------------------------|----------------------------|---------------------------|----------------------------|--------------------------------------|
| 1 Possibilities III | 8 The Suits | 15 Possibilities | 22 Possibilities II | 29 Cotton Lounge |
| 2 Guest Suites | 9 Mail Center | 16 Lobby | 23 Mail Center | 30 Cotton Spa™ & Salon |
| 3 Props | 10 Generations | 17 Fairfield Room | 24 Reel Room | 31 Group Exercise Studio |
| 4 Connections | 11 Drawing Room | 18 Garden | 25 Drawing Room | 32 Wardrobe and Steam Showers |
| 5 Alonzo’s | 12 Patent’s Place | 19 Concert Lawn | 26 Lobby | 33 Swimming Pool |
| 6 31 Restaurant | 13 Above and Beyond | 20 Palettes | 27 Georgian Lounge | 34 Props Terrace |
| 7 Burnham’s | 14 Library | 21 Gateway Gallery | 28 Get Fit | |

Explore 8 featured floor plans

In addition to 30,000 square feet of common areas, The Mather offers a selection of spacious one-bedroom, one-bedroom with den, two-bedroom, and two-bedroom with den apartment homes. Here are just a few of our many floor plans:

The Aster

Symbolizes "love, variety"

One Bedroom

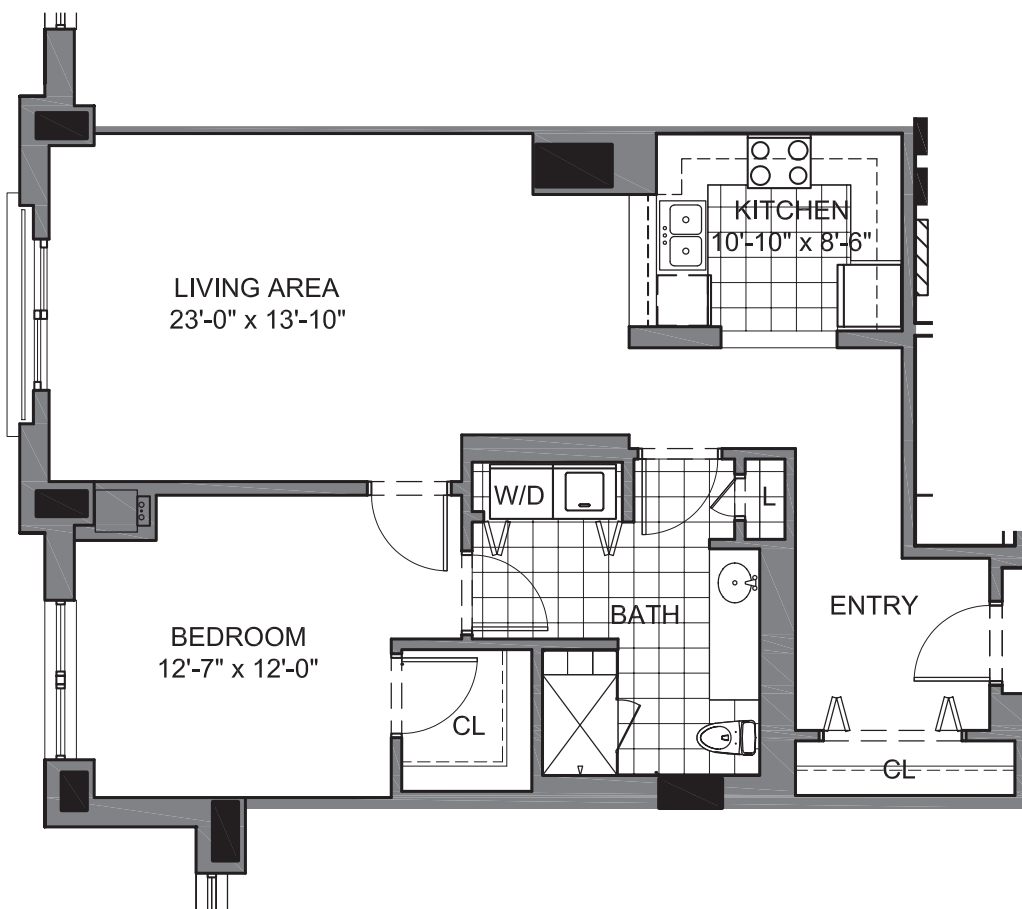
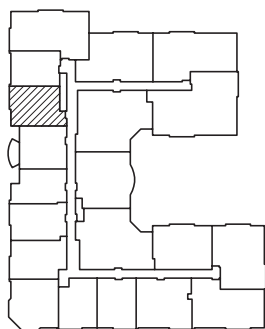
One Bath

965 Square Feet*

Residence Numbers

419, 519, 619, 719,

819, 919, 1019



The Zephyr

Symbolizes "sincerity"

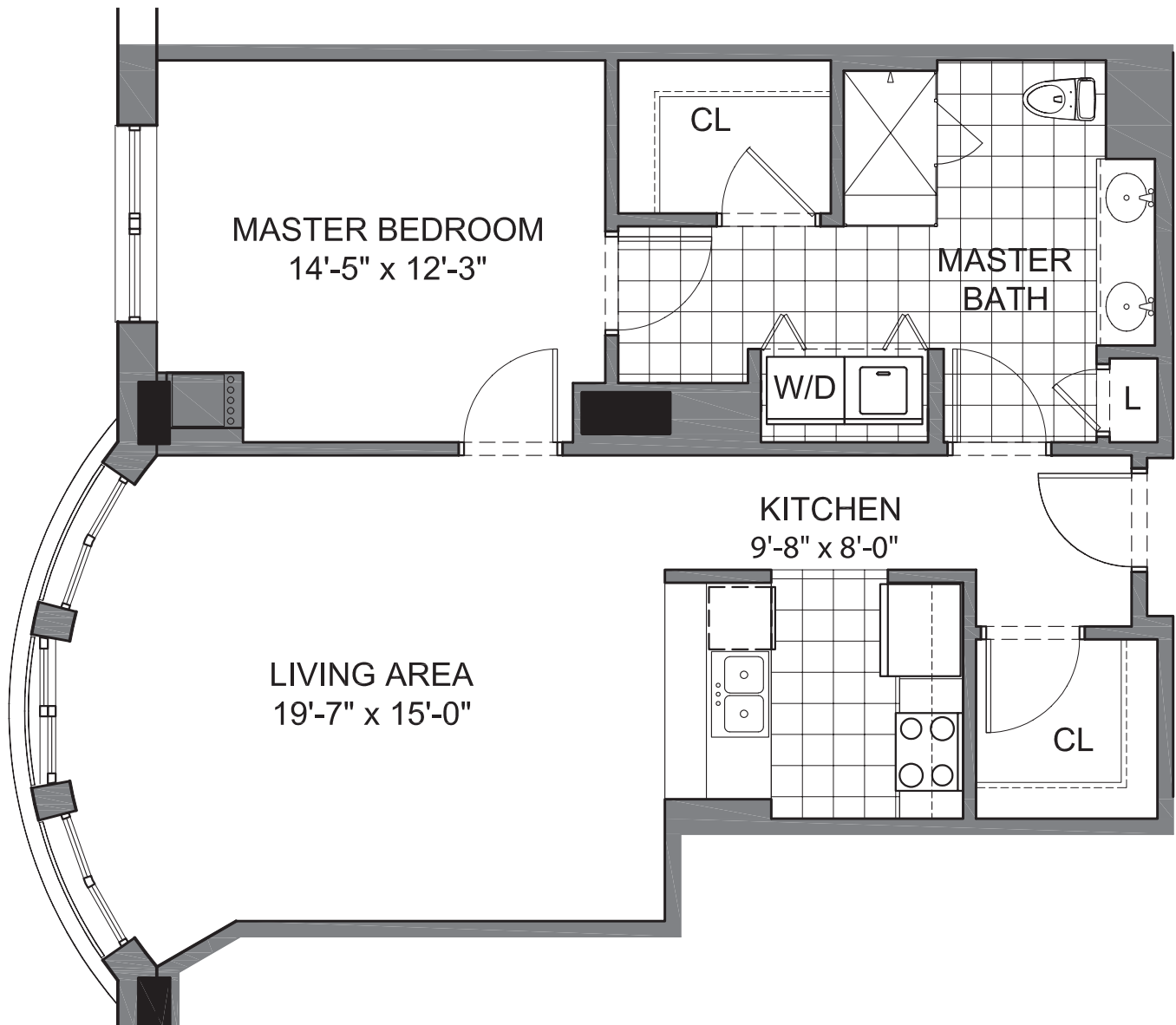
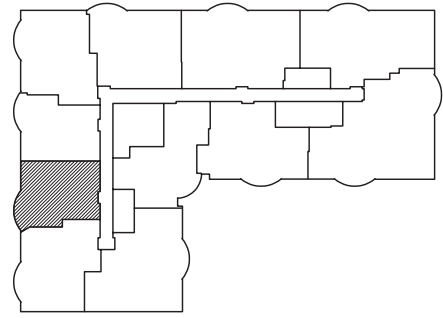
One Bedroom

One Bath

916 Square Feet*

Residence Numbers

261, 361, 461, 561, 661, 761, 861, 961, 1061



The Oleander

Symbolizes "beauty and grace"

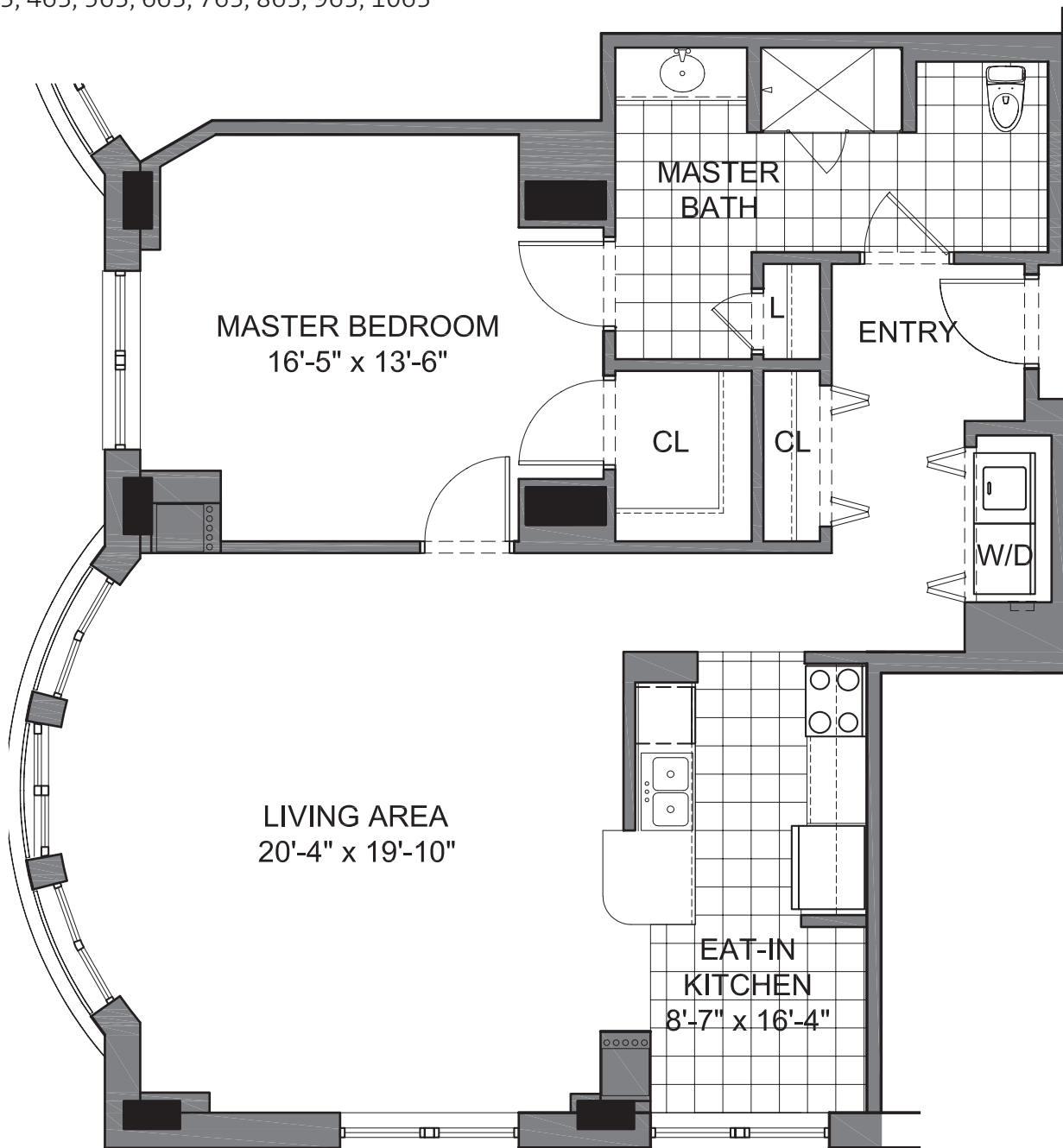
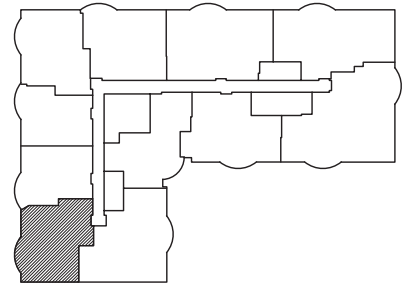
One Bedroom

One Bath

1,155 Square Feet*

Residence Numbers

263, 363, 463, 563, 663, 763, 863, 963, 1063



The Sage II

Symbolizes "wisdom and great success"

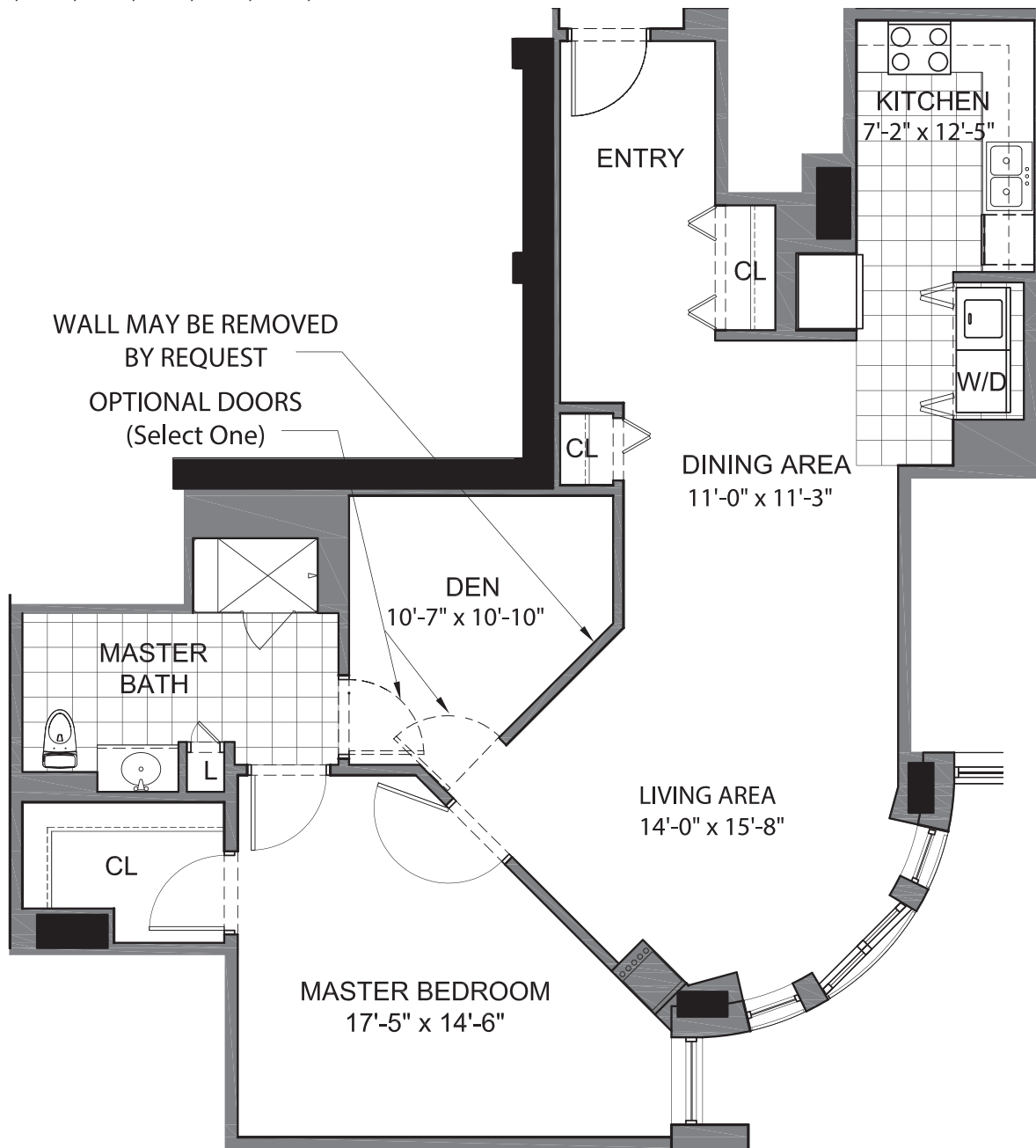
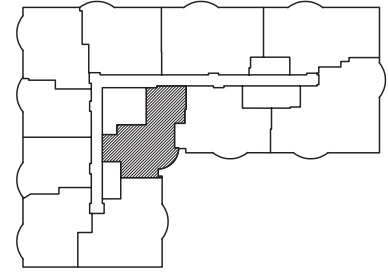
One Bedroom Plus Den

One Bath

1,160 Square Feet*

Residence Numbers

356, 456, 556, 656, 756, 856, 956, 1056



The Heather

Symbolizes "admiration and beauty"

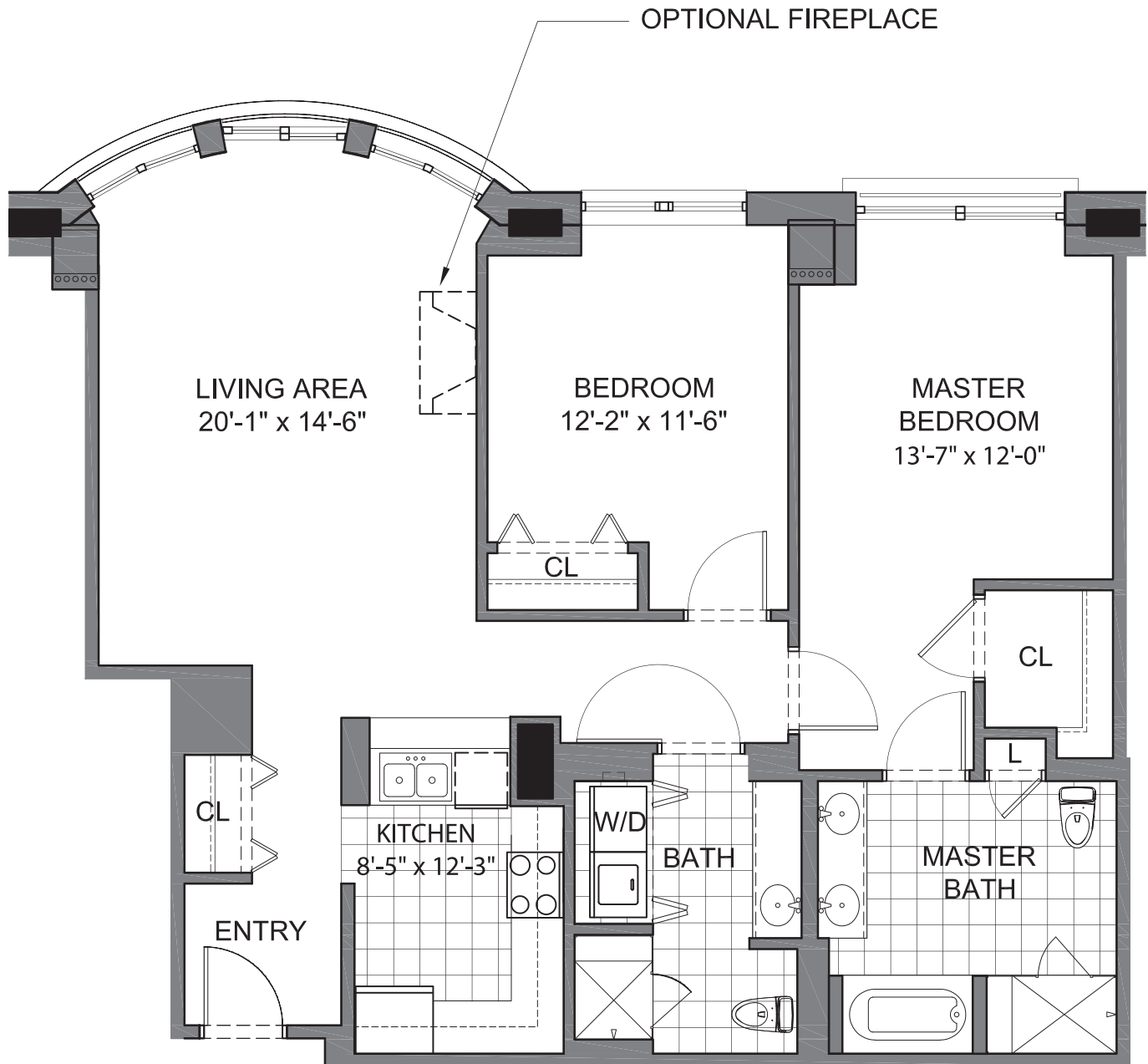
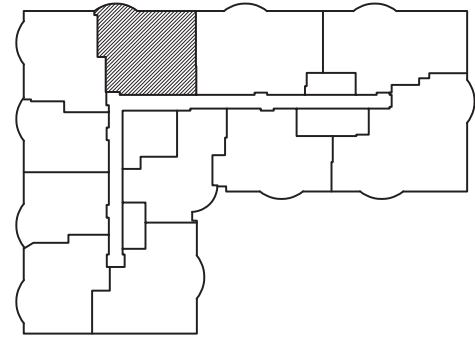
Two Bedroom

Two Bath

1,267 Square Feet*

Residence Numbers

255, 355, 455, 555, 655, 755, 855, 955, 1055



The Snowdrop II

Symbolizes "friendship; hope"

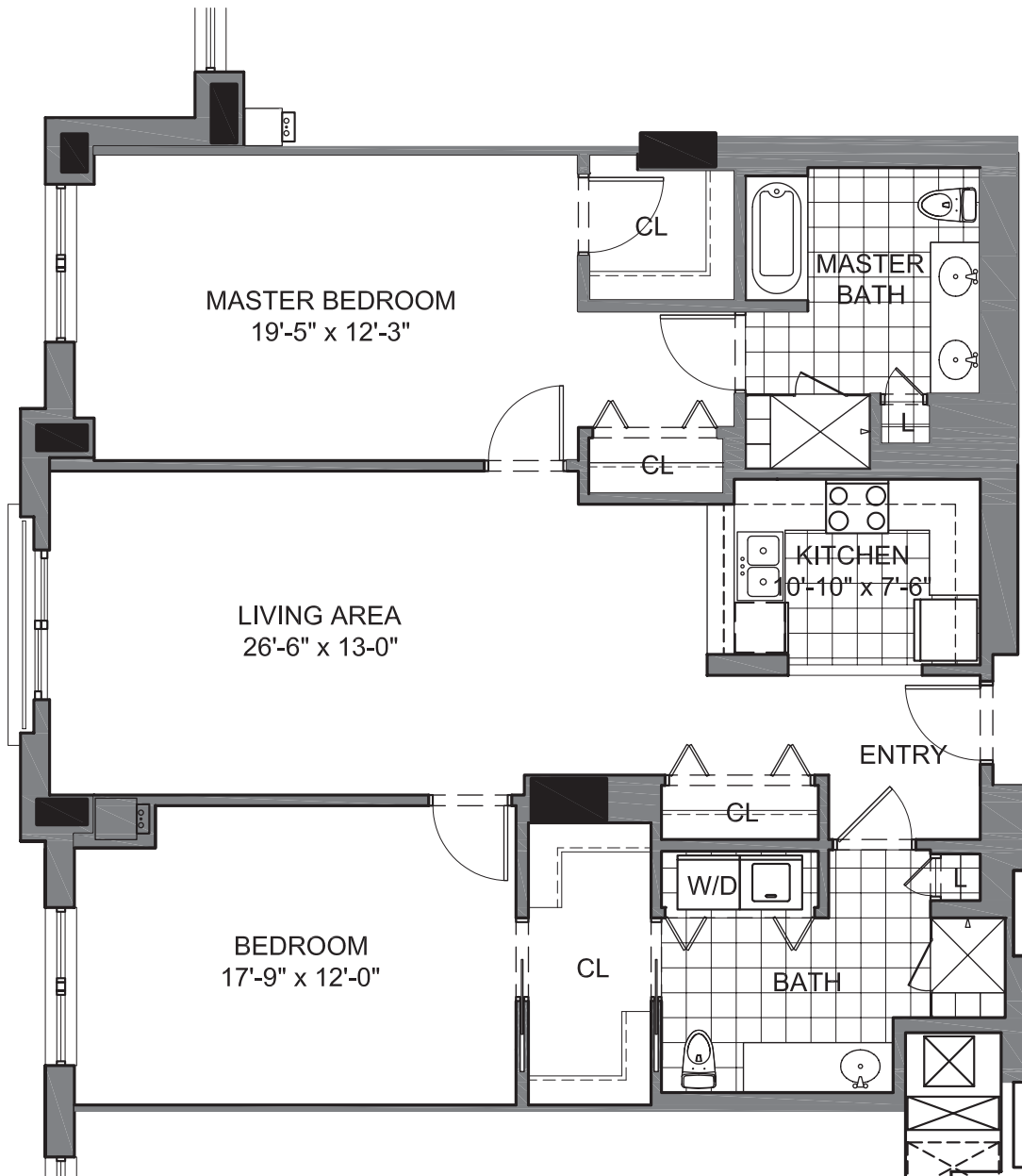
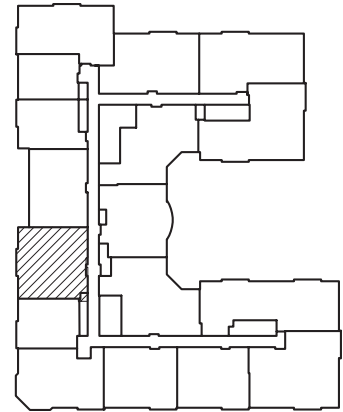
Two Bedroom

Two Bath

1,500 Square Feet*

Residence Numbers

613, 713, 813, 913, 1013



The Chamomile

Symbolizes "energy in action"

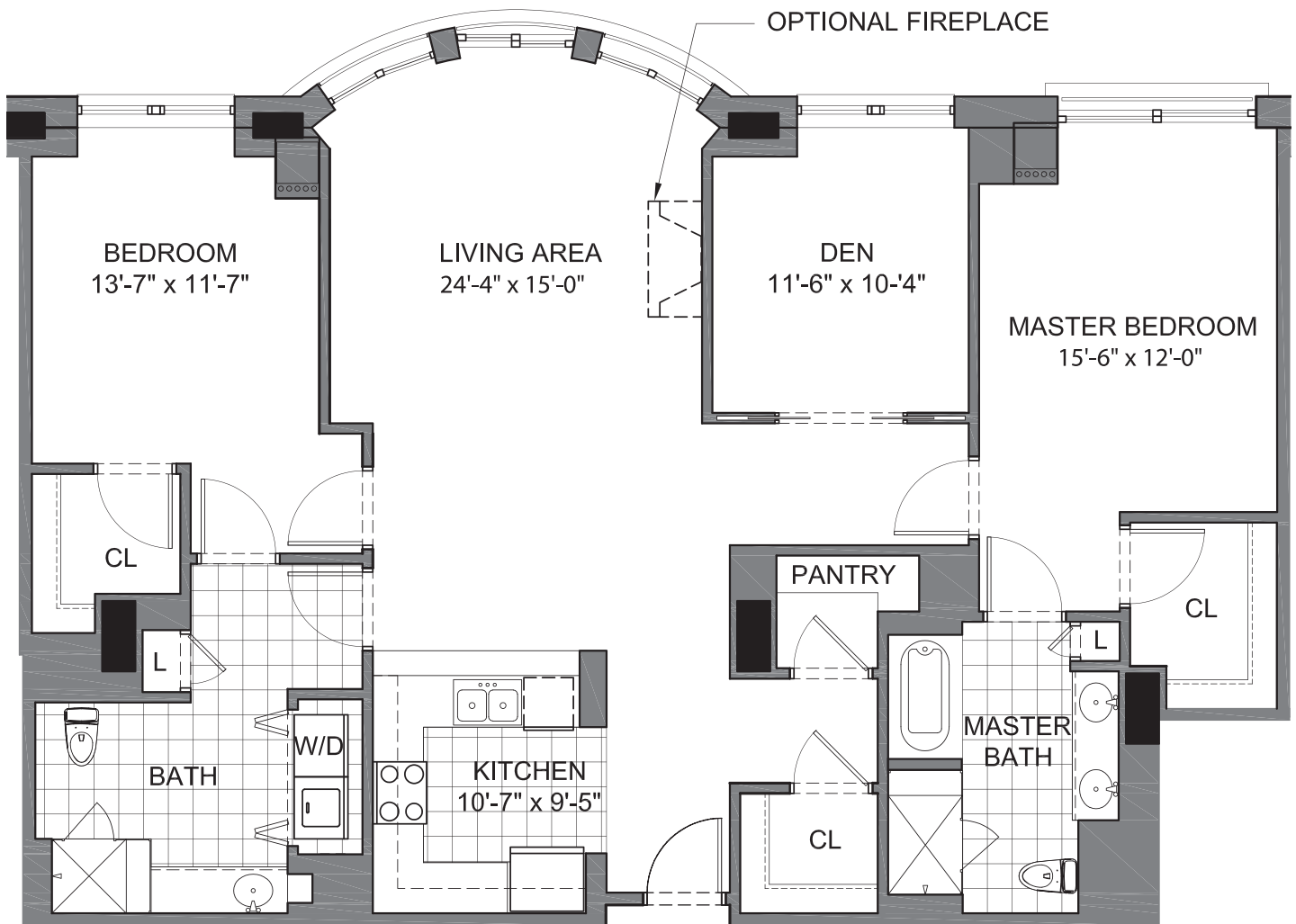
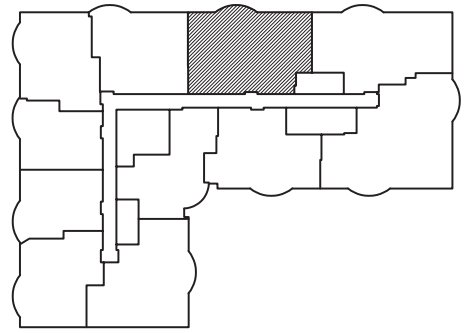
Two Bedroom Plus Den

Two Bath

1,638 Square Feet*

Residence Numbers

253, 353, 453, 553, 653, 753, 853, 953, 1053



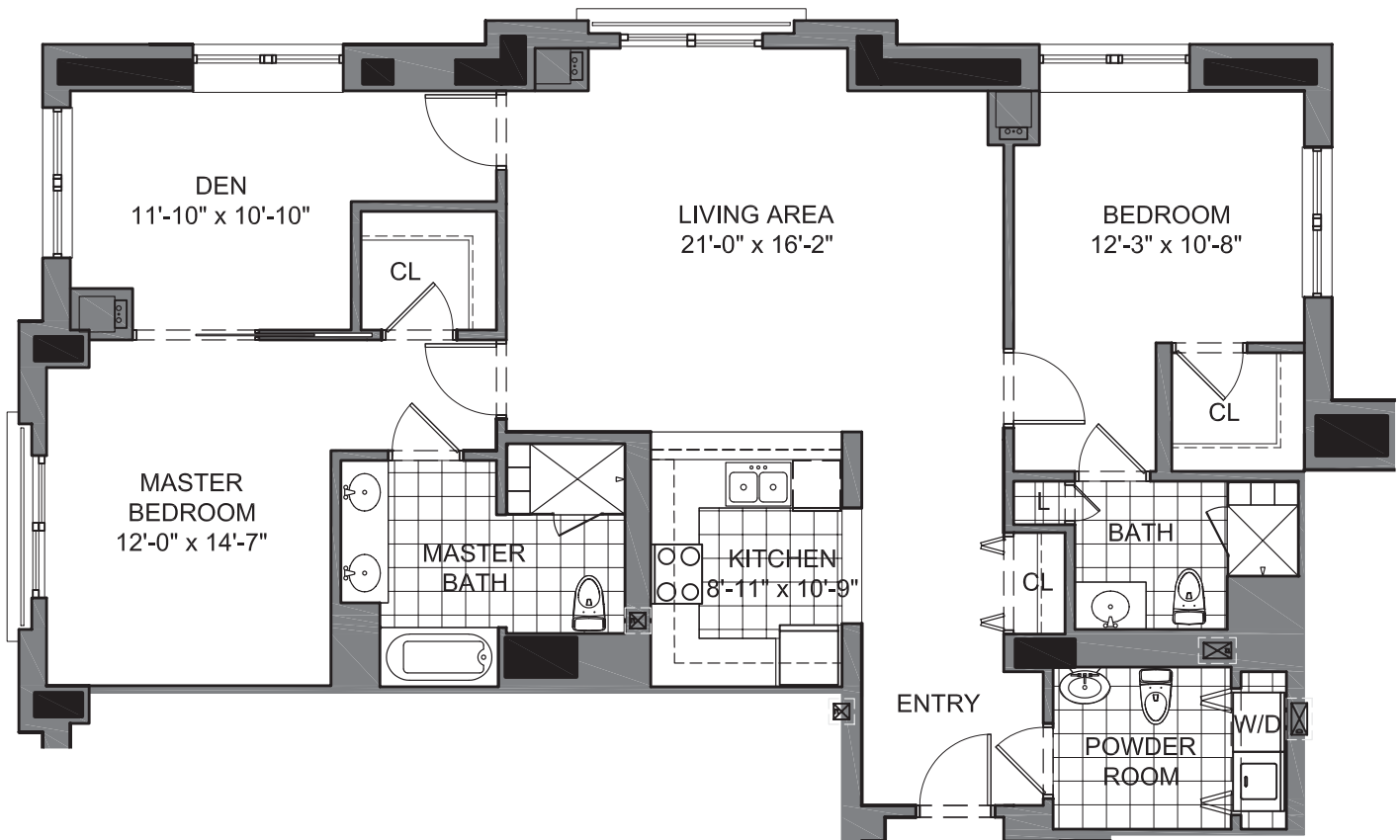
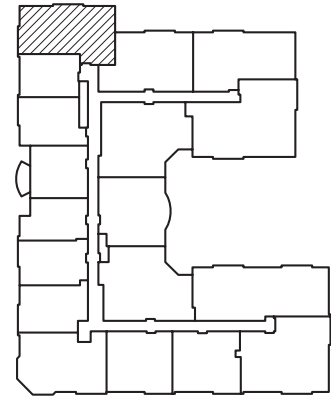
The Zinnia

Symbolizes "lasting affection"

Two Bedroom Plus Den
Two and One-Half Bath
1,571 Square Feet*

Residence Numbers

423, 523, 623, 723, 823, 923, 1023





Delicious dining 7 days a week

The Mather offers a variety of restaurants and lounges with one end in mind—to deliver a dynamic culinary experience for customers craving everything from casual to classic. Choices include:



Alonzo's Named after our founder, Alonzo Mather, our largest restaurant gives traditional favorites a new take with fresh, local ingredients.



Patent's Place An all-day casual dining venue, decorated with art commemorating Alonzo Mather, his patented inventions, and his accomplishments.



31 A gorgeous venue that's dressed to impress, with a Zen-themed waterwall and Asian-inspired artwork that enhance the creative menu selections.



The Georgian Lounge The perfect spot for a pre-dinner glass of wine from our self-serve wine machine, snacks and cocktails, or a light meal.



R&R, served **6** ways

Get fit and feel your best at our 10,000+ square-foot fitness center and signature Cotton Spa™. This space offers a multitude of ways to relax and unwind.

Waterworld

The aquatic area features a 63-foot by 20-foot **Olympic-sized saline lap pool**, hydrotherapy pool, whirlpool, showers, steam sauna, towel service, plus **aquatic classes**.



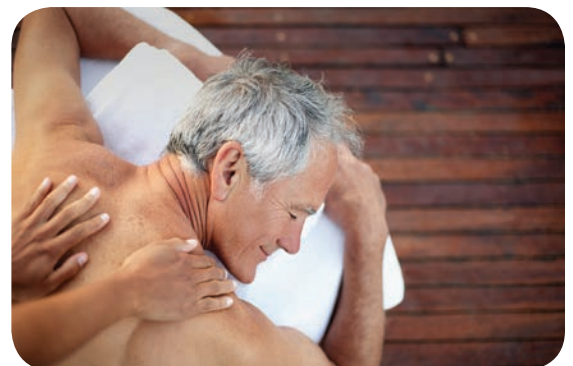
Work It Out

Choose from **exercise classes** for nearly every level and preference, cardio/strength-training equipment, personal wellness programs, health/fitness assessments, **stretching area and ballet barre**, plus Wii bowling or tennis. Locker rooms, private steam shower, and changing rooms are also available.



Comfy as Cotton

The Cotton Lounge is the perfect place to get pampered, complete with a wide range of **hair services for men and women** along with **professional spa manicure and pedicure stations**. (All spa services are fee-for-service.)



Meet **5** people from The Mather



Beth Bagg

DIRECTOR OF REPRIORMENT

Beth and her team offer residents an extraordinary variety of Ways to Age Well—from guest lecturers to day trips to the annual Health and Wellness Fair. “We work with residents to provide programs they want,” she explains. “The result is a packed calendar with something for everyone.” She Ages Well by singing with her band Not For Profit, which has raised over 2 million dollars for Chicagoland charities.



Brandon Davidson

LIFE CENTRE ADMINISTRATOR

Brandon works with the team at The Mather Life Centre, which offers assisted living, memory support, skilled nursing, and rehab. “As the administrator here, I act as the communication hub between nursing, housekeeping, culinary, and programming experience centers,” he explains. He Ages Well by enjoying action movies and trying new restaurants, and rarely eats at the same place twice.



Jeff Muldrow

EXECUTIVE CHEF

Chef Jeff oversees all culinary experiences at The Mather, including the restaurants, special occasions, and residents’ private parties. “I want each culinary experience to be a highlight of the residents’ day—so I do my best to make them very happy at every meal,” he says. He Ages Well by traveling, learning about new cuisines and wines, and reading a lot—science fiction and fantasy are his favorite genres.

what residents are saying

LIZ C., RESIDENT FOR 2 YEARS

“We were very excited about how caring the culture is. From the very beginning, when we first came in. . . we were really, really surprised at how warm and friendly the staff are. The residents are as well—everyone we’ve met, we’d be delighted to have dinner with.”

CAS A., RESIDENT FOR 4 YEARS

“A typical day at The Mather is so full of many different opportunities. Most days there are programs, classes, lectures, and trips we want to go on. We’ve been able to pick up things that we weren’t doing enough of, and start them again.”

More **4** your money

Use the table below to quickly and easily calculate the incredible value of life at The Mather.

MONTHLY EXPENSES

Basic utilities, including electricity, heat, air conditioning, water, and basic cable

Housekeeping service every other week, including laundering of bed linens

Home maintenance, including appliance repair

Homeowner's fees and landscaping, including snow removal

Real estate taxes

Dining packages that can be used at any of our restaurant and lounge venues

A variety of inspiring social, educational, and cultural programs

Fitness center & indoor swimming pool

Scheduled transportation to shopping and appointments

24-hour concierge service and Silversphere ATMOS 24-hour emergency call system

TOTAL COST

CURRENT EXPENSES

\$

\$

\$

\$

\$

\$

\$

\$

\$

\$

\$

THE MATHER

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

Included in monthly fees

One flat, monthly service fee



3 kinds of peace of mind

At The Mather, we take care of someday so you can live your best life today. This means you can continue to do what you love, follow your dreams, and enjoy the peace of mind that comes from having planned ahead, with:

✓ Investment Protection

A 90% refundable investment, with a guaranteed refund within a maximum of 150 days

✓ Predictable Costs

Health care costs will only continue to rise. Limit your risk of unpredictable increases by making a move to The Mather. Our on-site health center, The Mather Life Centre, provides a continuum of care.

The 90-Day Plan provides up to 90 days of care at The Mather Life Centre upon permanent relocation, at virtually no increase in your monthly fee. (Additional charges will apply for extra meals, medications, personal physician fees, and other ancillary charges.) Upon the 91st day, residents pay the daily rate for coverage for health care expenses. If you have long-term care insurance coverage, this may supplement those costs.

The Life Care Plan offers you an unlimited amount of additional care in the Life Centre, at nearly the same monthly fee you would pay if you had remained in your apartment home, regardless of the level of care needed. (Additional charges will apply for extra meals, medications, personal physician fees, and other ancillary charges.) This plan also provides a limited number of days for temporary care stays.





✓ Life Care Options

By planning ahead while you're still healthy, you gain the peace of mind that comes with knowing you'll be able to meet your health care needs, both expected and unexpected, in the years ahead. The Mather Life Centre also provides a full continuum of living choices to address potential future health care needs:

Assisted Living. Comfortable residential living is combined with comprehensive assisted living services, enabling residents to remain as independent as possible. Caring staff members provide assistance with daily tasks such as dressing, grooming, and medication reminders. Spacious one-bedroom apartments are equipped with 24-hour Silversphere ATMOS emergency call systems and safety features for comfort and peace of mind. Three meals a day are provided in our full-service restaurants Bistro 100 and 75 East.

Memory Support. Specialized memory support emphasizes personal strengths to embrace each resident's individuality. Private memory support suites are designed for those with mild to moderate dementia or similar cognitive impairments.

Rehabilitation Services. An array of rehabilitation services, including physical, occupational, and speech therapy, are offered at The Mather Life Centre on a fee-for-service basis or through Medicare Part B benefits.

Skilled Nursing. Professional nurses provide care for individuals requiring recovery support due to illness or surgery, concentrated rehabilitation services, or ongoing long-term care. Residents enjoy spacious private suites with large bathrooms and access to comfortable living room areas. We have Medicare-certified suites that can provide reimbursement for qualified stays. A dietary professional reviews and approves residents' dietary needs and works with our executive chef on creating dynamic menu choices available in our restaurant 75 East.





Plenty **2** do every day

The wonderful thing about The Mather is that everyone is always thinking ahead and looking forward. You'll find an atmosphere of constant curiosity with the chance to explore and discover, refresh, and renew. We call it Repriorment™.

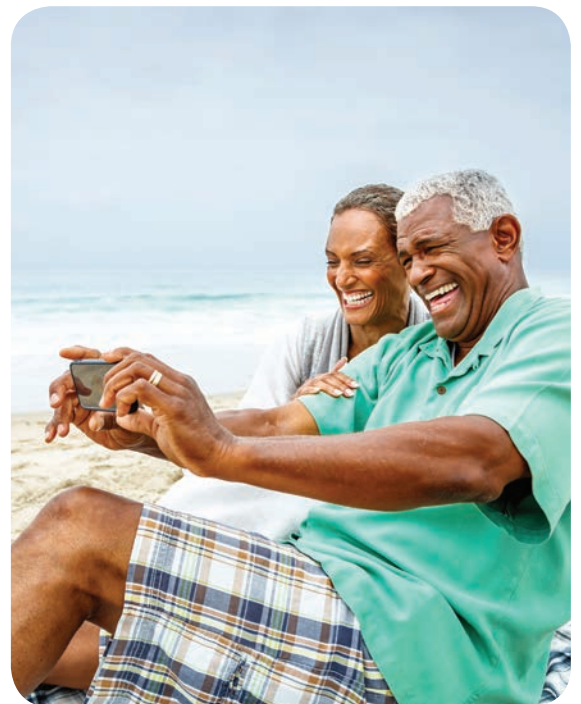
Programs on any given day may include lectures on topics ranging from politics to history to nature; how-to classes on today's technology; a brain fitness course; and excursions to the theater, museum exhibits, and more.

If you don't want to be pinned down to the day's scheduled events, you can catch a movie in the Reel Room, read a bestseller in the library, or do some gardening in a plant-your-own garden bed.

re · pri · or · ment™ (n.)

A philosophy found at The Mather, which inspires residents to explore all those pushed aside (but not forgotten) priorities they've wanted to revisit.

Repriorment™ can be experienced independently or through our fresh mix of expert-led programming.



Make **1** day happen right away

What are you waiting for?

Live happy. Live well.

Explore your future at The Mather.

Contact us today to learn
more about life at The Mather
and schedule your visit.



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