

A photograph of a dandelion seed head in the bottom left corner, with several seeds blowing away on their white, feathery parachutes against a clear blue sky. The seeds are scattered across the frame, some in sharp focus and others blurred, creating a sense of movement and hope.

matherlifeways®

The Mather

# Someday Starts Here

Guide to The Mather





# Welcome to The Mather

Take a 10-minute tour

Discover **10** fast facts

Live life on cloud **9**

Explore **8** featured floor plans

Delicious dining **7** days a week

R&R, served **6** ways


Meet **5** people from The Mather

More **4** your money

**3** kinds of peace of mind

Plenty of things **2** do every day

Make **1** day happen right away



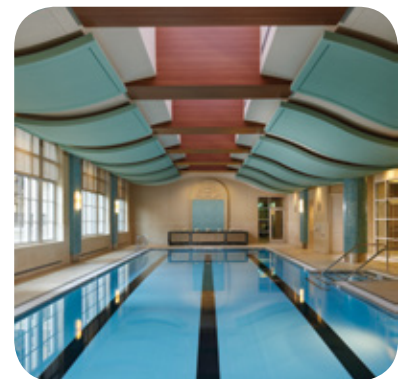
Take a quick  
peek inside our  
vibrant community  
and discover the  
many possibilities  
that await.





# Discover **10** fast facts

- ✓ **Spectacular views of Lake Michigan**, the sweeping Chicago skyline, scenic streetscapes, serene gardens, and lush foliage
- ✓ An inviting community of **over 300 residents**
- ✓ A winner of the Senior Housing News Design and Architecture **Award for a Continuing Care Retirement Community**
- ✓ Many unique amenities, including the Reel Room, a **22-seat cinema**
- ✓ **Gold LEED certified** by incorporating “green” building strategies for water savings, energy efficiency, and indoor environmental quality
- ✓ A “Walker’s Paradise,” The Mather boasts an impressive walkability score of 95 out of 100 thanks to its **premier location in the heart of Evanston**, steps away from it all
- ✓ A stocked calendar of **diverse events right onsite**, like cooking demonstrations, wine tastings, performing arts groups, reading groups, and live concerts in the garden
- ✓ **Enclosed, climate-controlled garage**, additional storage spaces, and other thoughtful conveniences
- ✓ A **10,000-square-foot fitness center** and signature Cotton Spa™ with heated, 20-meter lap pool, group exercise studio, and more
- ✓ Over **5 different community lounge areas**, in addition to spacious apartments with ample living space





# Live life on cloud **9**

The Mather is considered by many to be in the best location in the entire Chicago area—right in the heart of Evanston’s vibrant North Shore community and minutes from Lake Michigan.

When you visit for the first time, you’ll notice a well-manicured oasis surrounded by lush gardens, outdoor sitting areas, and plenty of room for adventure. Inside, there’s even more to explore.



- |                            |                            |                           |                            |                                      |
|----------------------------|----------------------------|---------------------------|----------------------------|--------------------------------------|
| <b>1</b> Possibilities III | <b>8</b> The Suits         | <b>15</b> Possibilities   | <b>22</b> Possibilities II | <b>29</b> Cotton Lounge              |
| <b>2</b> Guest Suites      | <b>9</b> Mail Center       | <b>16</b> Lobby           | <b>23</b> Mail Center      | <b>30</b> Cotton Spa™ & Salon        |
| <b>3</b> Props             | <b>10</b> Generations      | <b>17</b> Fairfield Room  | <b>24</b> Reel Room        | <b>31</b> Group Exercise Studio      |
| <b>4</b> Connections       | <b>11</b> Drawing Room     | <b>18</b> Garden          | <b>25</b> Drawing Room     | <b>32</b> Wardrobe and Steam Showers |
| <b>5</b> Alonzo’s          | <b>12</b> Patent’s Place   | <b>19</b> Concert Lawn    | <b>26</b> Lobby            | <b>33</b> Swimming Pool              |
| <b>6</b> 31 Restaurant     | <b>13</b> Above and Beyond | <b>20</b> Palettes        | <b>27</b> Georgian Lounge  | <b>34</b> Props Terrace              |
| <b>7</b> Burnham’s         | <b>14</b> Library          | <b>21</b> Gateway Gallery | <b>28</b> Get Fit          |                                      |





# Explore **8** featured floor plans

In addition to 30,000 square feet of common areas, The Mather offers a selection of spacious one-bedroom, one-bedroom with den, two-bedroom, and two-bedroom with den apartment homes. Here are just a few of our many floor plans:

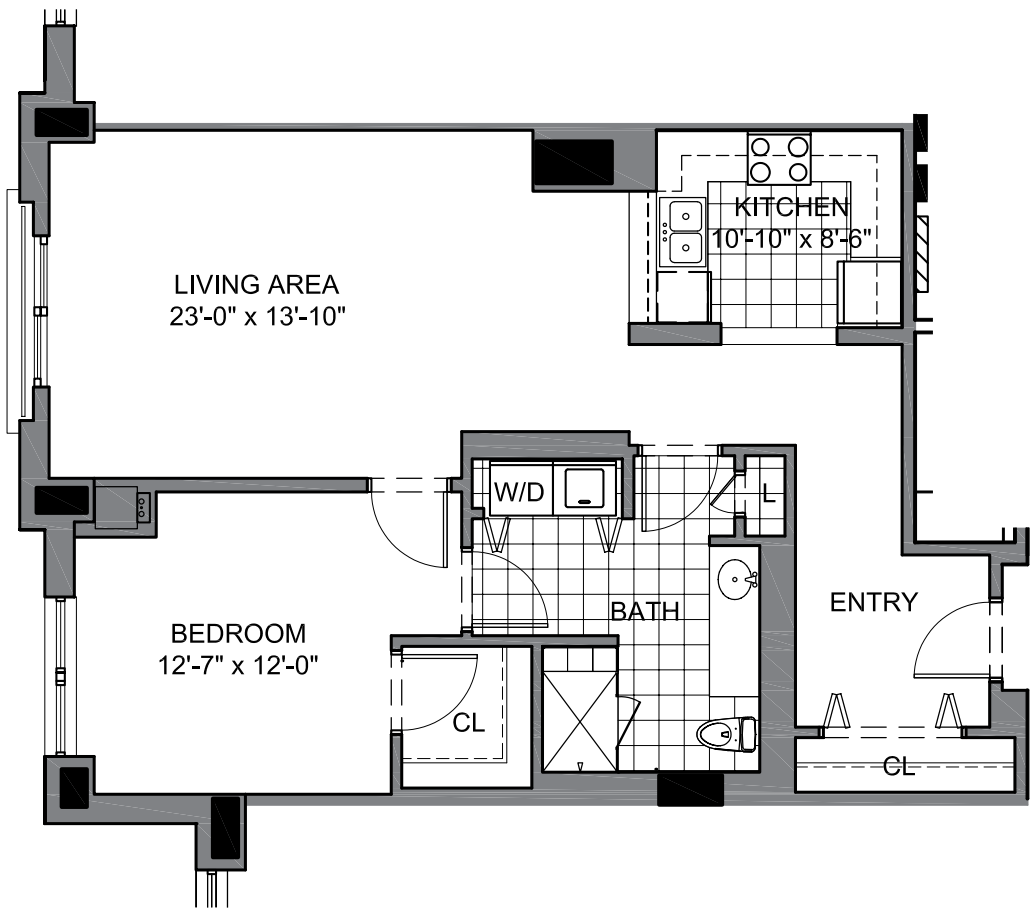
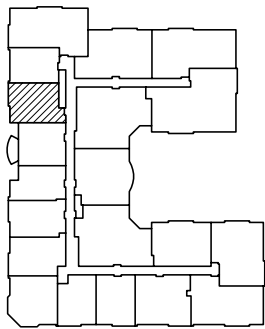
## The Aster

*Symbolizes "love, variety"*

One Bedroom  
One Bath  
965 Square Feet\*

### Residence Numbers

419, 519, 619, 719,  
819, 919, 1019



# The Zephyr

Symbolizes "sincerity"

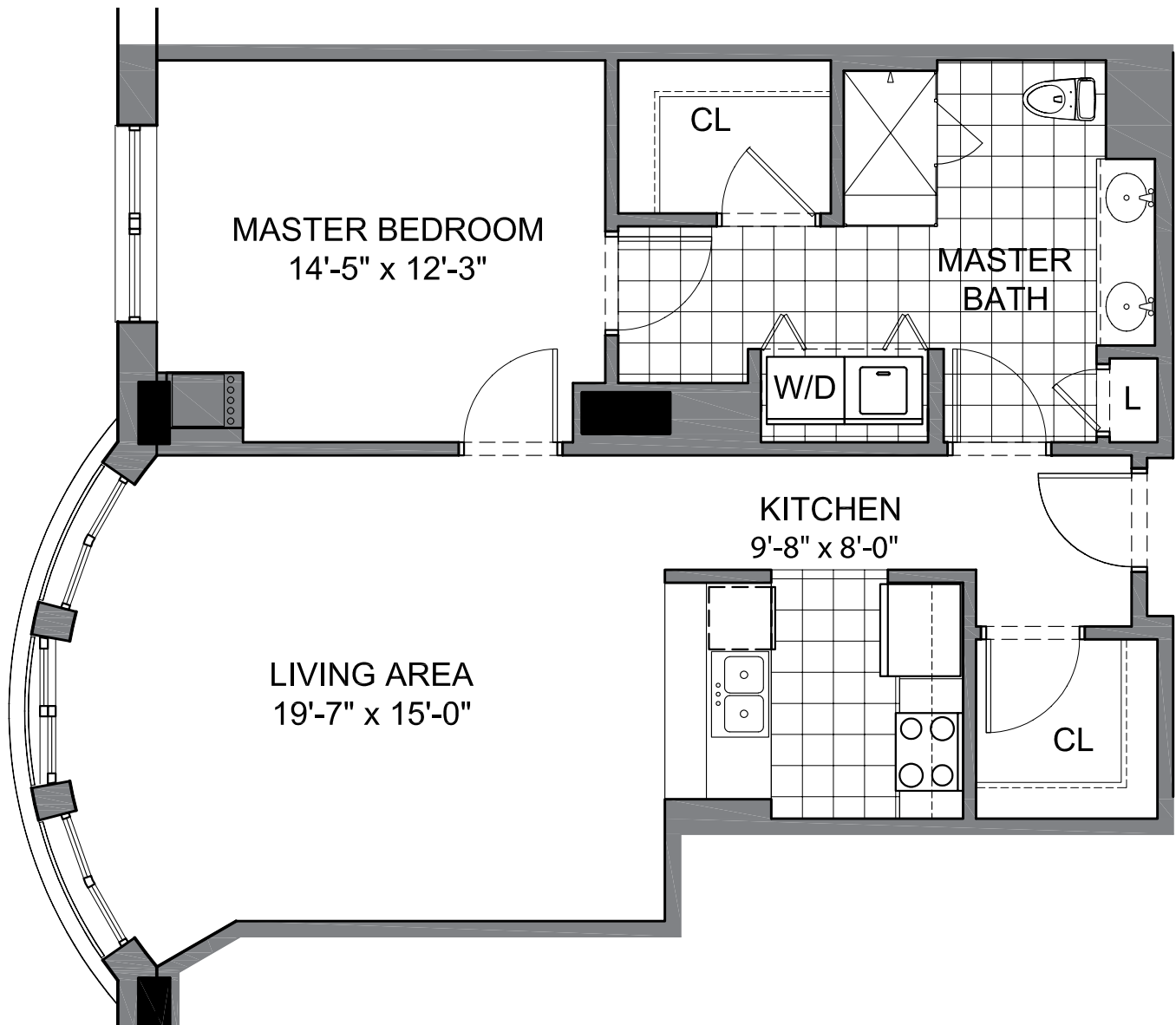
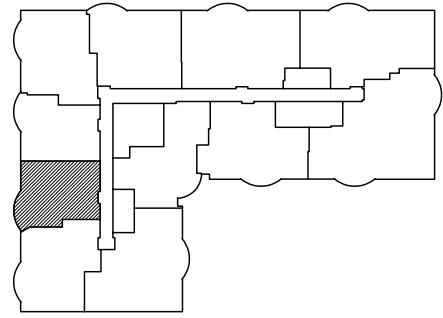
One Bedroom

One Bath

916 Square Feet\*

## Residence Numbers

261, 361, 461, 561, 661, 761, 861, 961, 1061



# The Oleander

Symbolizes "beauty and grace"

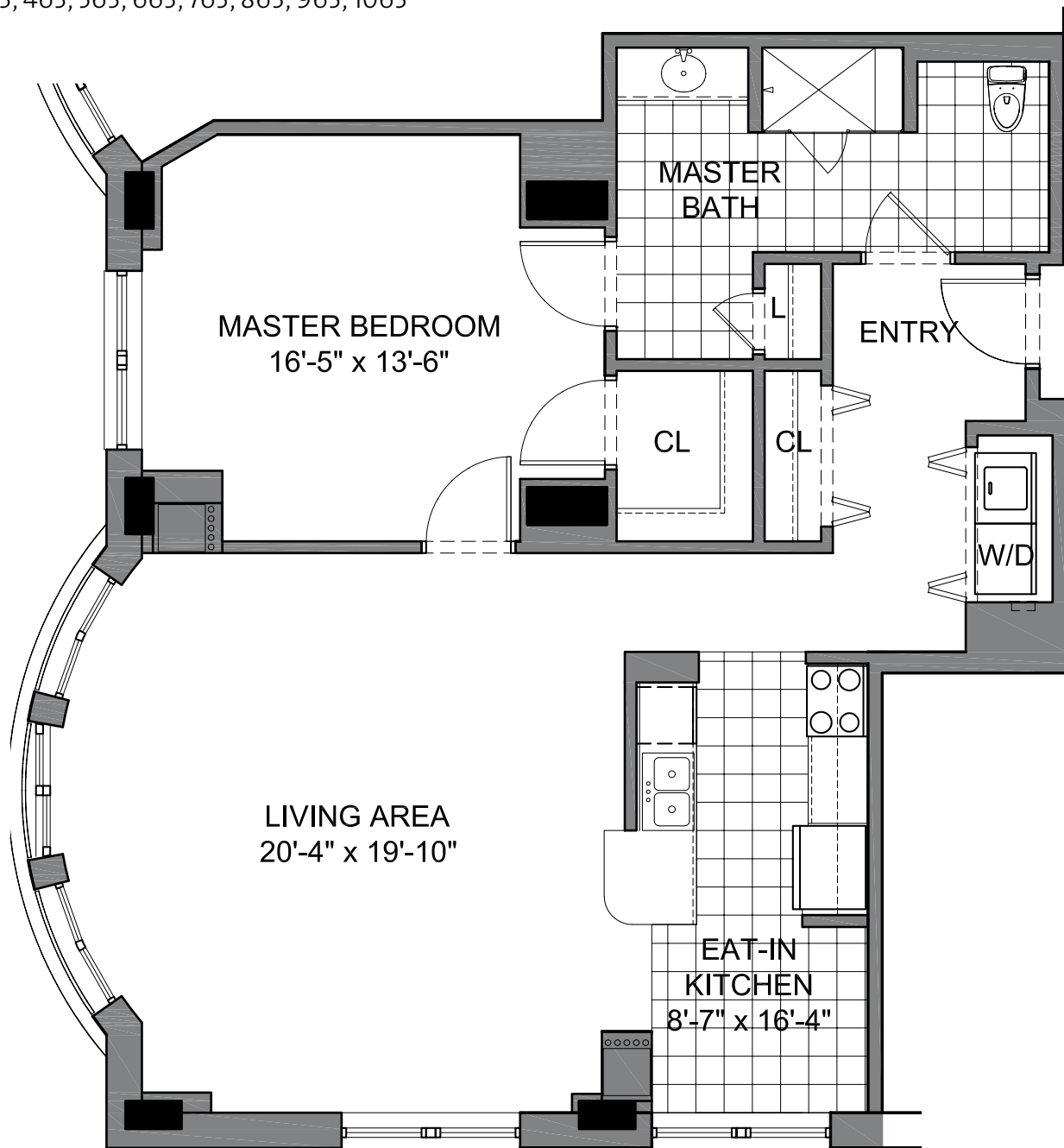
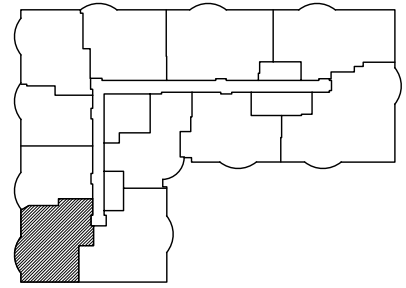
One Bedroom

One Bath

1,155 Square Feet\*

## Residence Numbers

263, 363, 463, 563, 663, 763, 863, 963, 1063



# The Sage II

Symbolizes "wisdom and great success"

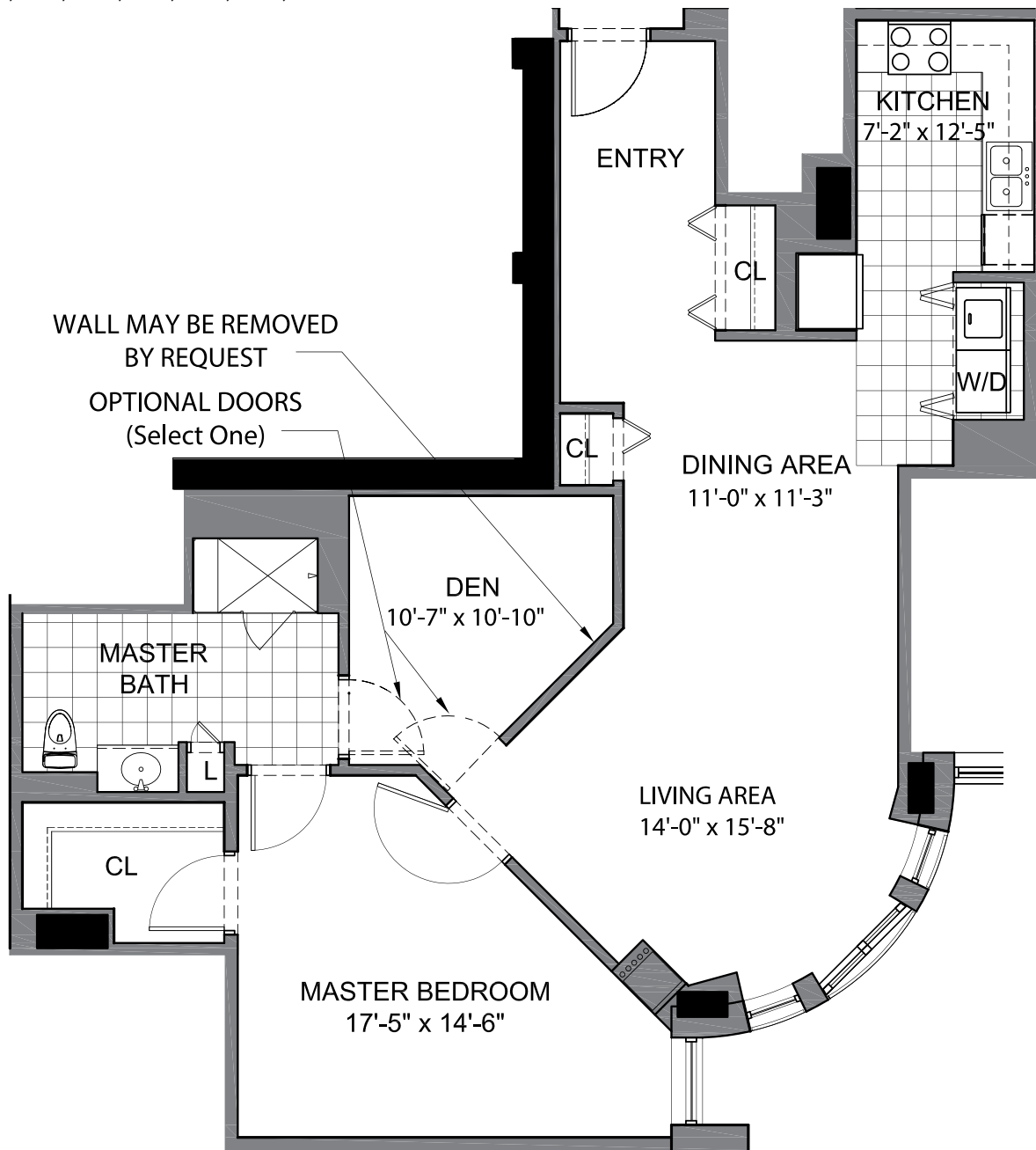
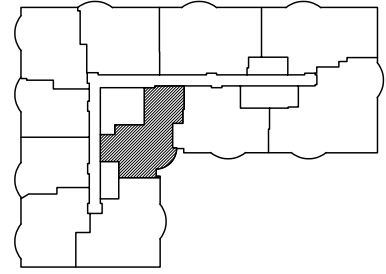
One Bedroom Plus Den

One Bath

1,160 Square Feet\*

## Residence Numbers

356, 456, 556, 656, 756, 856, 956, 1056







# The Snowdrop II

Symbolizes "friendship; hope"

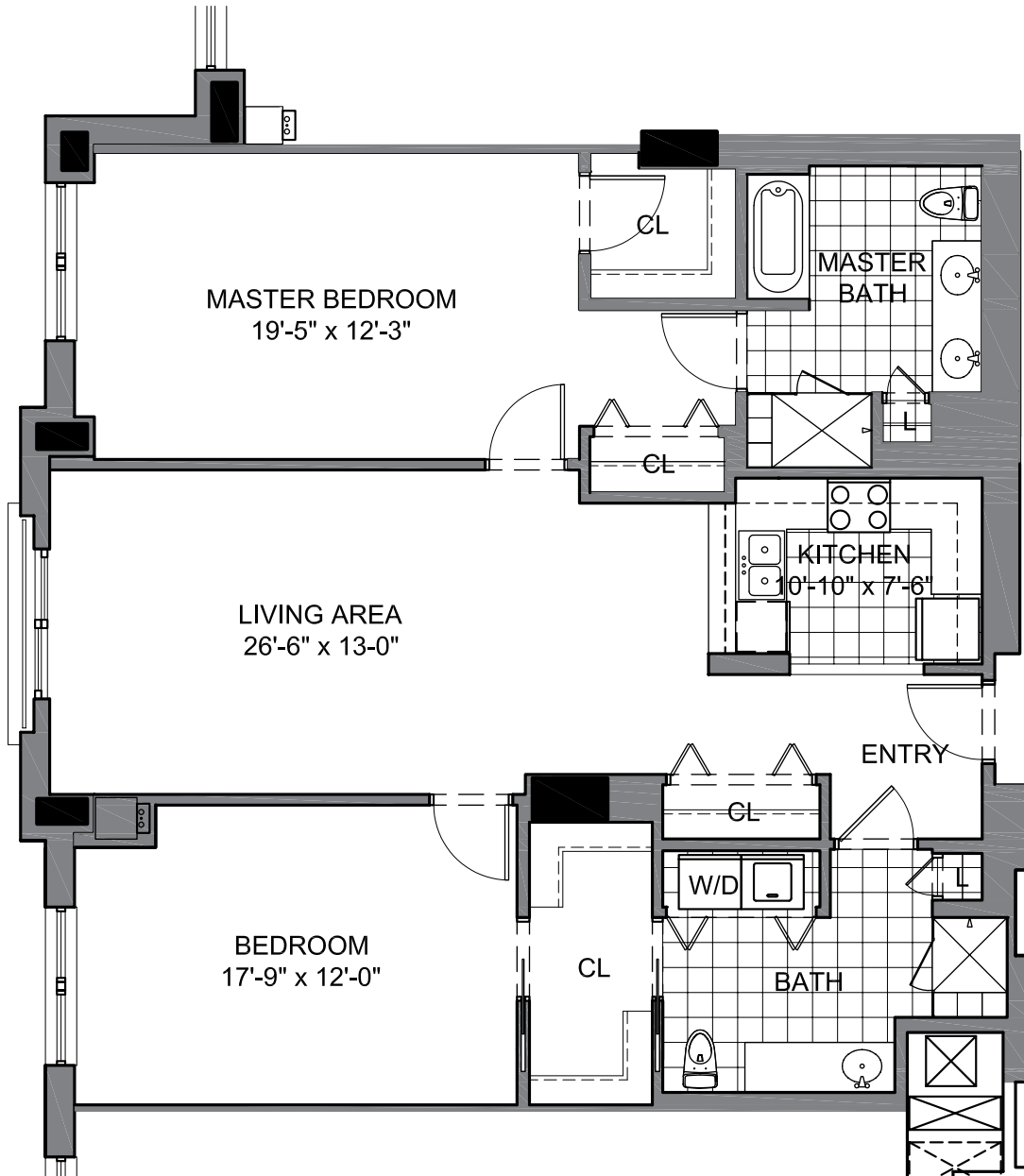
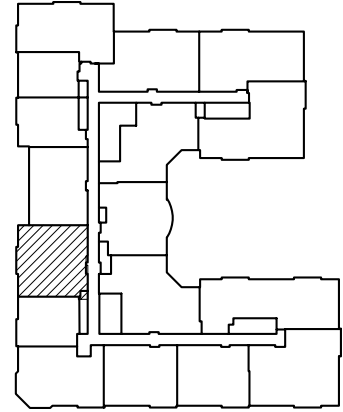
Two Bedroom

Two Bath

1,500 Square Feet\*

## Residence Numbers

613, 713, 813, 913, 1013





# The Chamomile

Symbolizes "energy in action"

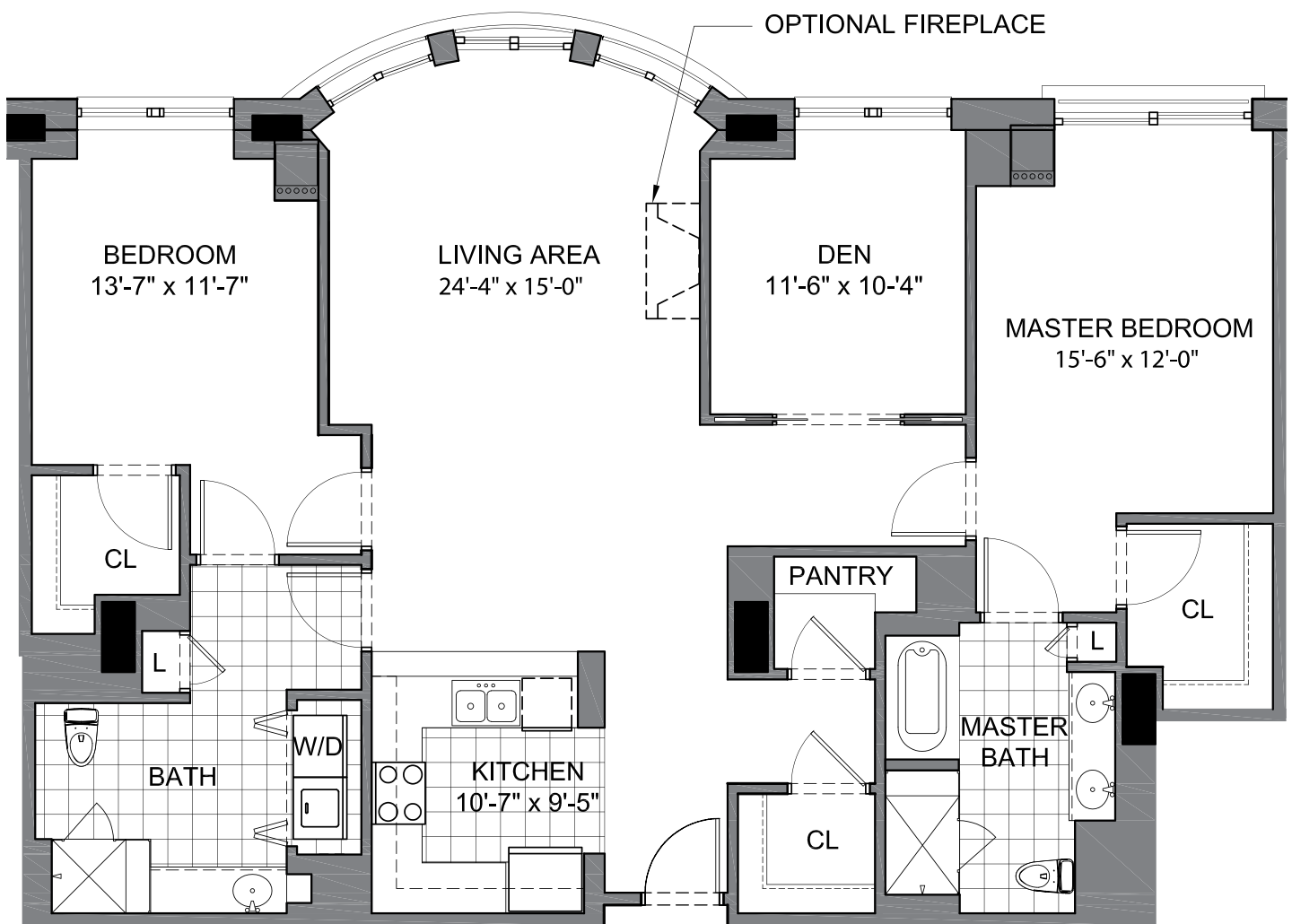
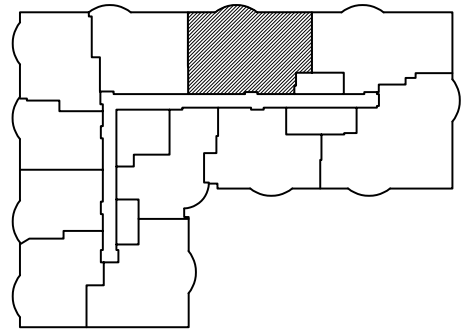
Two Bedroom Plus Den

Two Bath

1,638 Square Feet\*

## Residence Numbers

253, 353, 453, 553, 653, 753, 853, 953, 1053



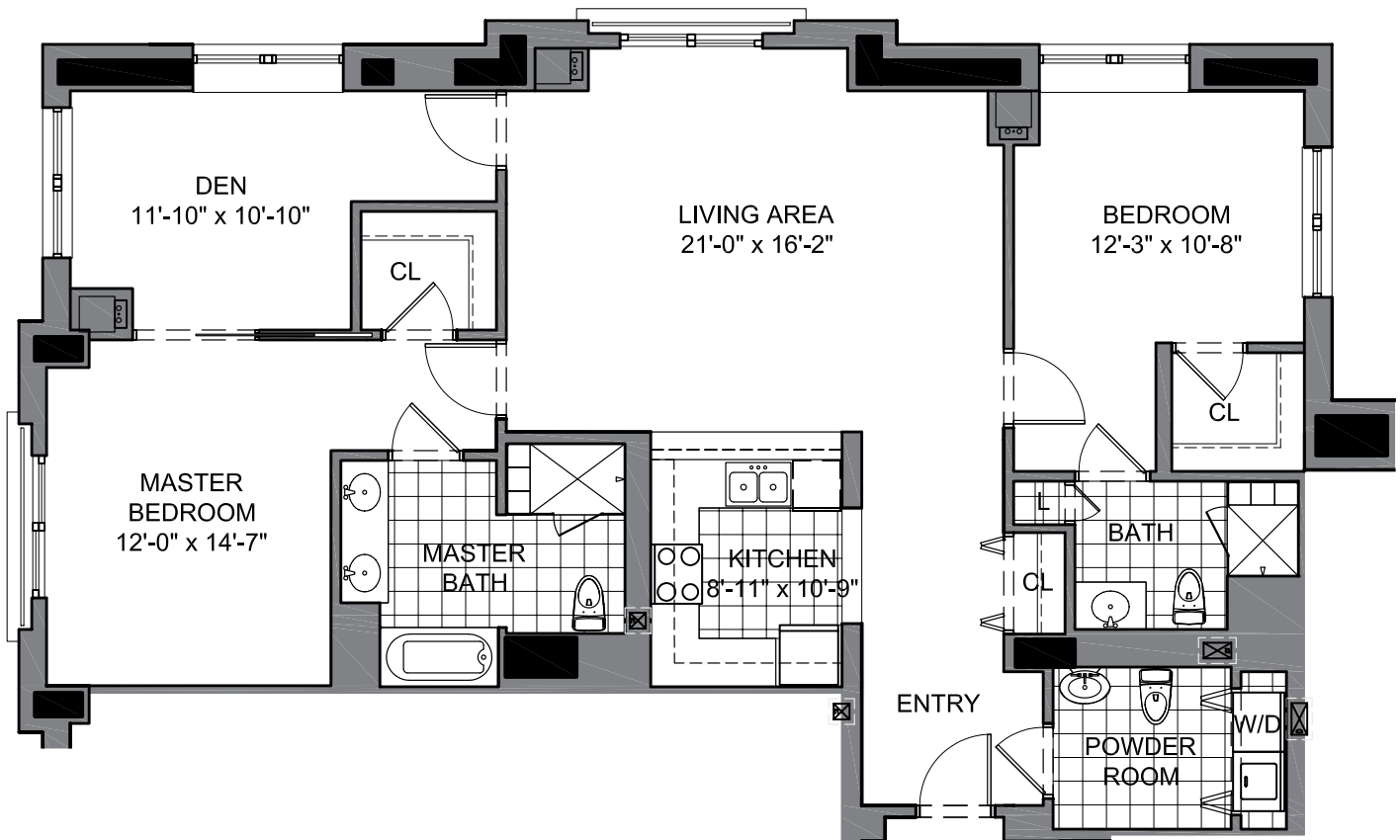
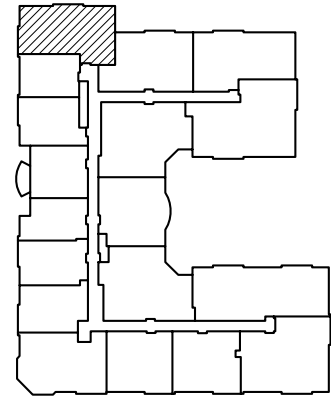
# The Zinnia

Symbolizes "lasting affection"

Two Bedroom Plus Den  
Two and One-Half Bath  
1,571 Square Feet\*

## Residence Numbers

423, 523, 623, 723, 823, 923, 1023







# Delicious dining 7 days a week

The Mather offers a variety of restaurants and lounges with one end in mind—to deliver a dynamic culinary experience for customers craving everything from casual to classic. Choices include:



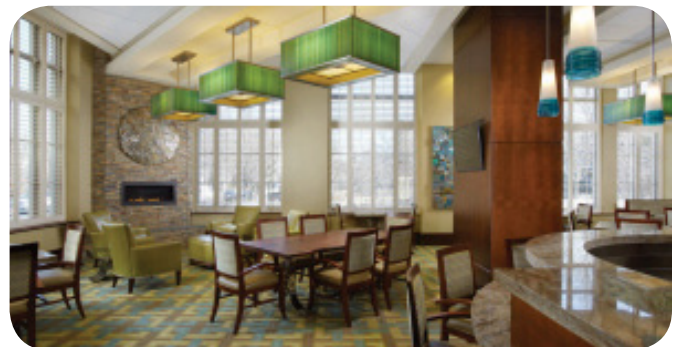
**Alonzo's** Named after our founder, Alonzo Mather, our largest restaurant gives traditional favorites a new take with fresh, local ingredients.



**Patent's Place** An all-day casual dining venue, decorated with art commemorating Alonzo Mather, his patented inventions, and his accomplishments.



**31** A gorgeous venue that's dressed to impress, with a Zen-themed waterwall and Asian-inspired artwork that enhance the creative menu selections.



**The Georgian Lounge** The perfect spot for a pre-dinner glass of wine from our self-serve wine machine, snacks and cocktails, or a light meal.





# R&R, served **6** ways

Get fit and feel your best at our 10,000+ square-foot fitness center and signature Cotton Spa™. This space offers a multitude of ways to relax and unwind.

## Waterworld

The aquatic area features a 63-foot by 20-foot Olympic-sized saline lap pool, hydrotherapy pool, whirlpool, showers, steam sauna, towel service, plus aquatic classes.



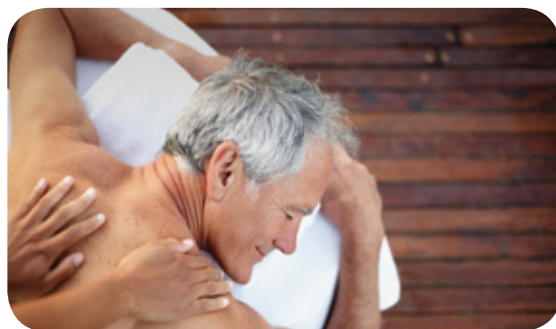
## Work It Out

Choose from exercise classes for nearly every level and preference, cardio/strength-training equipment, personal wellness programs, health/fitness assessments, stretching area and ballet barre, plus Wii bowling or tennis. Locker rooms, private steam shower, and changing rooms are also available.



## Comfy as Cotton

The Cotton Lounge is the perfect place to get pampered, complete with a wide range of hair services for men and women along with professional spa manicure and pedicure stations.





# Meet **5** people from The Mather



**James Edwartoski**  
EXPERIENCE DIRECTOR

James leads the team at The Mather in creating extraordinary experiences for residents, guests, and visitors. He previously headed up a large Life Plan Community in Florida, and has a strong background in running smooth operations, guiding staff to find their best potential, and ensuring special extra touches in every aspect of the community. James Ages Well by being open to and engaging in personal and professional growth.



**Anita Tomasevic**  
LIFE ENRICHMENT MANAGER

A certified fitness instructor, Anita oversees the development of an active fitness program for residents that encompasses more than 25 classes, wellness lectures, and on-your-own workouts with cardiovascular and strength-training equipment or in the indoor pool. It's no surprise that Anita Ages Well by maintaining a positive attitude, exercising regularly, eating healthy, staying social, finding fun activities that make her move, and traveling.



**Mary Teresi**  
HEAD PASTRY CHEF

Mary gets creative with delicious ingredients every day. In fact, she recently went a full year without repeating a daily dessert special at The Mather. Mary has been baking since she was 16, and considered becoming a chef but—luckily for residents of The Mather—decided to change course and focus on sweets. Mary Ages Well by taking long walks with her boyfriend and her boxer Ruby, traveling, cooking, and playing pinball.

## what residents are saying

LIZ C., RESIDENT FOR 2 YEARS

“We were very excited about how caring the culture is. From the very beginning, when we first came in. . . we were really, really surprised at how warm and friendly the staff are. The residents are as well—everyone we’ve met, we’d be delighted to have dinner with.”

CAS A., RESIDENT FOR 4 YEARS

“A typical day at The Mather is so full of many different opportunities. Most days there are programs, classes, lectures, and trips we want to go on. We’ve been able to pick up things that we weren’t doing enough of, and start them again.”

# More **4** your money

Use the table below to quickly and easily calculate the incredible value of life at The Mather.

## MONTHLY EXPENSES

## CURRENT EXPENSES

## THE MATHER

Basic utilities, including electricity, heat, air conditioning, water, and basic cable

\$

Included in monthly fees

Housecleaning service every other week, including laundering of bed linens

\$

Included in monthly fees

Home maintenance, including appliance repair

\$

Included in monthly fees

Homeowner's fees and landscaping, including snow removal

\$

Included in monthly fees

Real estate taxes

\$

Included in monthly fees

Dining packages that can be used at any of our restaurant and lounge venues

\$

Included in monthly fees

A variety of inspiring social, educational, and cultural programs

\$

Included in monthly fees

Fitness center & indoor swimming pool

\$

Included in monthly fees

Scheduled transportation to shopping and appointments

\$

Included in monthly fees

24-hour concierge service and Companion One 24-hour emergency notification system

\$

Included in monthly fees

## TOTAL COST

\$

**One flat, monthly service fee**



# 3 kinds of peace of mind

At The Mather, we take care of someday so you can live your best life today. This means you can continue to do what you love, follow your dreams, and enjoy the peace of mind that comes from having planned ahead, with:



## Investment Protection

A 90% refundable investment, with a guaranteed refund within a maximum of 150 days



## Predictable Costs

Health care costs will only continue to rise. Limit your risk of unpredictable increases by making a move to The Mather. Our onsite health center, The Mather Life Centre, provides a continuum of care.

**The 90-Day Plan** provides up to 90 days of care at The Mather Life Centre upon permanent relocation, at virtually no increase in your monthly fee (additional charges will apply for extra meals, medications, personal physician fees, and other ancillary charges). Upon the 91st day, residents pay the daily rate for coverage for health care expenses. If you have long-term care insurance coverage, this may supplement those costs.

**The Life Care Plan** offers you an unlimited amount of additional care in The Mather Life Centre, at nearly the same monthly fee you would pay if you had remained in your apartment home regardless of the level of care needed. (Your monthly fee is subject to annual increases, and additional charges will apply for extra meals, medications, personal physician fees, and other ancillary charges.) This plan provides coverage for both temporary and permanent relocations.







## ✓ Life Care Options

By planning ahead while you're still healthy, you gain the peace of mind that comes with knowing you'll be able to meet your health care needs, both expected and unexpected, in the years ahead. The Mather Life Centre also provides a full continuum of living choices to address potential future health care needs:

**Assisted Living.** Comfortable residential living is combined with comprehensive assisted living services, enabling residents to remain as independent as possible. Certified Nursing Assistants (CNAs) provide 24-hour assistance with daily tasks such as dressing, grooming, and medication reminders. Spacious one-bedroom apartments are equipped with Companion One 24-hour emergency notification system and safety features for comfort and peace of mind. Three meals a day are provided in our full service restaurants Bistro 100 and 75 East.

**Memory Support.** Specialized memory support provides 24-hour supervision, emphasizing personal strengths to embrace each resident's individuality. Located within The Mather Life Centre, private memory support suites are designed for those with mild to moderate Alzheimer's Disease or similar cognitive impairments.

**Rehabilitation Services.** An array of rehabilitation services, including physical, occupational, and speech therapy, are offered at The Mather Life Centre on a fee-for-service basis or through Medicare B benefits.

**Skilled Nursing.** Professional nursing staff provide 24-hour care for individuals requiring recovery support due to illness or surgery, concentrated rehabilitation services, or ongoing long-term care. Residents enjoy spacious private suites with large bathrooms and access to comfortable living room areas. We have Medicare-certified suites; qualified stays can be reimbursed. A dietitian reviews and approves residents' dietary needs and works with our executive chef on creating dynamic menu choices available in our restaurant 75 East.





# Plenty **2** do every day

The wonderful thing about The Mather is that everyone is always thinking ahead and looking forward. You'll find an atmosphere of constant curiosity with the chance to explore and discover, refresh, and renew. We call it Repriorment™.

Programs on any given day may include lectures on topics ranging from politics to history to nature; how-to classes on today's technology; a brain fitness course; and excursions to the theater, museum exhibits, and more.

If you don't want to be pinned down to the day's scheduled events, you can catch a movie in the Reel Room, read a bestseller in the library, or do some gardening in a plant-your-own garden bed.

## re • pri • or • ment™ (n.)

A philosophy found at The Mather, which inspires residents to explore all those pushed aside (but not forgotten) priorities they've wanted to revisit.

Repriorment™ can be experienced independently or through our fresh mix of expert-led programming.





# Make **1** day happen right away

What are you waiting for?

Live happy. Live well.

Explore your future at The Mather.

Contact us today to learn more  
about life at The Mather and  
schedule your visit.



(847) 492.7400



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